



FACULTY OF HEALTH SCIENCES AND SPORTS
BACHELOR OF PHYSICAL EDUCATION
LEARNING MODULE OUTLINE

Academic Year	2025/2026	Semester	2
Module Code	ENGL1102-		
Learning Module	English II		
Pre-requisite(s)	English I		
Medium of Instruction	English & Chinese		
Credits	3	Contact Hours	45
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MODULE DESCRIPTION

English 2 is one of the continuous general English modules for the Bachelor of Physical Education programme. It aims to further develop students' competence in using English for general purposes. Equal emphasis is given to learning language and developing communicative skills required for higher education. The modules also give students practice in both written and spoken communication. By learning pronunciation, vocabulary, grammar and discourse style, students are trained to enhance their listening, speaking, reading and writing competence in English. Furthermore, some facts and situations in other countries and foreign cultures may be introduced throughout the process of learning so as to expand students' knowledge about foreign countries, especially the English-speaking ones, and to assist them to develop a global vision.

MODULE INTENDED LEARNING OUTCOMES (ILOS)

On completion of this learning module, students will be able to:

M1.	Perceive simple passages related to areas which are most immediately relevant to them (e.g. very basic personal and family information, shopping, places of interest, etc.)
M2.	Understand simple passages related to areas which are most immediately relevant to them (e.g. very basic personal and family information, shopping, places of interest, etc.)
M3.	Communicate in simple, everyday tasks requiring no more than a simple and direct exchange of information on familiar and routine matters
M4.	Describe in simple terms aspects of their past, environment and matters related to their immediate needs



M5.	Have knowledge of various cultures in the world, especially in topics related to sports
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These ILOs aims to enable students to attain the following Programme Intended Learning Outcomes (PILOs):

PILOs	M1	M2	M3	M4	M5
P1. Knowledge of physical education and sports.					
P2. Problem-solving ability and management skills in physical education and sports.					
P3. Master the skills in different sport events.					
P4. Plan, organise, lead and evaluate sports programmes.					
P5. Master skills and qualities to serve in sports-related organizations.					✓
P6. Possess preliminary ability of scientific research in physical education.					
P7. Show spirit of sport and encourage the young generation to have a positive attitude towards life.					
P8. Practice a healthy lifestyle and promote it to the people around them.					
P9. Communicate effectively in both speaking and writing.	✓	✓	✓	✓	✓

MODULE SCHEDULE, COVERAGE AND STUDY LOAD

Week	Content Coverage	Contact Hours
1	1. Introduction and Preparation	1.5
	1.1 Module introduction	
	1.2 Ice breaking: How was the Christmas holiday?	
1-4	2. Success (Unit 7)	9
	2.1 Verb phrases about ambitions (vocabulary)	
	2.2 Top five secrets of success (intensive reading)	
	2.3 Present perfect tense and simple past tense – forms (grammar)	
	2.4 Present perfect tense – negative and interrogative (grammar)	
	2.5 The internet & Finding fame on the internet (reading and listening)	
	2.6 Talking about your ambitions (listening, speaking and writing)	



4-6	3 Places to live (Unit 8)	7.5
	3.1 City life (vocabulary)	
	3.2 Using articles (grammar)	
	3.3 Top 5 most extreme places to live in the world! (intensive reading)	
	3.4 Geographical features (vocabulary)	
	3.5 Quantifiers with countable and uncountable nouns (grammar)	
	3.6 Asking for and giving directions (listening and speaking)	
7-8	4. Old and new (Unit 9)	7.5
	4.1 Modern equipment (vocabulary)	
	4.2 What was life like one hundred years ago? (intensive reading)	
	4.3 Modal verbs: may, might and will (grammar)	
	4.4 Adjectives for describing places (vocabulary)	
	4.5 Present tense after <i>if, when</i> and other time words (grammar)	
	4.6 Plan a café makeover (reading and listening)	
9-11	5. Take care! (Unit 10)	7.5
	5.1 Accidents and injuries, feeling ill (vocabulary)	
	5.2 Past continuous tense – forms, negative and interrogative (grammar)	
	5.3 Dirt is good for you (intensive reading)	
	5.4 Usage of <i>used to</i> (grammar)	
	5.5 Talking about health (listening and speaking)	
	5.6 Time words in a narrative (writing)	
12-14	6. The right person (Unit 13)	7.5
	6.1 Finding Mr. Right (intensive reading)	
	6.2 Personal characteristics (vocabulary)	
	6.3 Present perfect continuous tense and present perfect tense (grammar)	
	6.4 Getting a job (vocabulary)	
	6.5 Choose and ambassador (reading and speaking)	
14	General revision	1.5
15	Final examination	3



TEACHING AND LEARNING ACTIVITIES

In this learning module, students will work towards attaining the ILOs through the following teaching and learning activities:

Teaching and Learning Activities	M1	M2	M3	M4	M5
T1. Lectures	✓	✓	✓	✓	✓
T2. Audio / Videos	✓	✓	✓	✓	
T3. Role Plays	✓	✓	✓	✓	
T4. Games	✓	✓	✓		
T5. Group Discussions	✓	✓	✓	✓	✓
T6. In-class Exercises	✓	✓	✓	✓	

ATTENDANCE

Attendance requirements are governed by the Academic Regulations Governing Bachelor's Degree Programmes of the Macao Polytechnic University. Students who do not meet the attendance requirements for the learning module shall be awarded an 'F' grade.

ASSESSMENT

In this learning module, students are required to complete the following assessment activities:

Assessment Activities	Weighting (%)	ILOs to be Assessed
A1. Class Participation and Assessments	20%	M1, M2, M3, M4, M5
A2. Class Exercises	20%	M1, M2, M3, M4, M5
A3. Oral Assessments	20%	M2, M3
A4. Examination	40%	M1, M4

The assessment will be conducted following the University's Assessment Strategy (see www.mpu.edu.mo/teaching_learning/en/assessment_strategy.php). Passing this learning module indicates that students will have attained the ILOs of this learning module and thus acquired its credits.

MARKING SCHEME

The full score of the module is 100, with 50 as a passing score.

REQUIRED READINGS

1. *Cutting Edge Pre-Intermediate Students' Book*. (Third Edition) (Author: Sarah Cunningham, Peter Moor and Araminta Grace. Year of Publication: 2013. Publisher: Pearson Education Limited.)
2. Authentic reading and listening materials will be provided from newspapers, magazines and websites.



REFERENCES

1. *Essential Grammar in Use*. (Fourth Edition) (Author: Raymond Murphy. Year of Publication: 2015. Publisher: Cambridge University Press.)

STUDENT FEEDBACK

At the end of every semester, students are invited to provide feedback on the learning module and the teaching arrangement through questionnaires. Your feedback is valuable for instructors to enhance the module and its delivery for future students. The instructor and programme coordinators will consider all feedback and respond with actions formally in the annual programme review.

ACADEMIC INTEGRITY

The Macao Polytechnic University requires students to have full commitment to academic integrity when engaging in research and academic activities. Violations of academic integrity, which include but are not limited to plagiarism, collusion, fabrication or falsification, repeated use of assignments and cheating in examinations, are considered as serious academic offenses and may lead to disciplinary actions. Students should read the relevant regulations and guidelines in the Student Handbook which is distributed upon the admission into the University, a copy of which can also be found at www.mpu.edu.mo/student_handbook/.