



FACULTY OF HEALTH SCIENCES AND SPORTS
BACHELOR OF PHYSICAL EDUCATION
LEARNING MODULE OUTLINE

Academic Year	2025/2026	Semester	1
Module Code	ENGL2101		
Learning Module	English III		
Pre-requisite(s)	--		
Medium of Instruction	English & Chinese		
Credits	3	Contact Hours	45
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MODULE DESCRIPTION

English 3 is one of the continuous general English modules for the Bachelor of Physical Education programme. It aims to further develop students' competence in using English for general purposes. Equal emphasis is given to learning language and developing communicative skills required for higher education. The subjects also give students practice in both written and spoken communication. By learning pronunciation, vocabulary, grammar and discourse style, students are trained to enhance their listening, speaking, reading and writing competence in English. Furthermore, some facts and situations in others countries and foreign cultures may be introduced throughout the process of learning so as to expand students' knowledge about foreign countries, especially the English-speaking ones, and to assist them to develop a global vision.

MODULE INTENDED LEARNING OUTCOMES (ILOS)

On completion of this learning module, students will be able to:

M1.	Perceive the main points of clear texts about their familiar topics in standard language
M2.	Understand daily English exchanges orally
M3.	Cope with most of the situations that might arise if they study in or travel to English-speaking areas
M4.	Produce simple and coherent texts about topics which they are familiar
M5.	Have knowledge of various cultures in the world, especially in topics related to sports



These ILOs aims to enable students to attain the following Programme Intended Learning Outcomes (PILOs):

PILOs	M1	M2	M3	M4	M5
P1. To master knowledge and understanding of physical education					
P2. To develop problem-solving and management skills in sports					
P3. To have critical understanding of sports as an industry					
P4. To develop the skills in different sport events					
P5. To develop skills and qualities to serve in sports-related organizations					
P6. To apply theories to practice in the sports environment					
P7. To be able to plan, organize, lead and evaluate sports programmes					
P8. To demonstrate professional knowledge in sports-related modules					
P9. To demonstrate scientific research abilities in physical education					
P10. To communicate effectively in both speaking and writing	✓	✓	✓	✓	
P11. To possess a global vision which enables them to understand issues and problems from different perspectives					✓
P12. To show spirit of sport and encourage the young generation to have a positive attitude towards life					
P13. To enable students to practice a healthy lifestyle and promote it to the people around them					

MODULE SCHEDULE, COVERAGE AND STUDY LOAD

Week	Content Coverage	Contact Hours
1	1. Introduction and Preparation	3
	1.1 Module introduction	
	1.2 CEFR B1 level of English	
	1.3 Ice breaking: self introduction	
	1.4 Revision: Present tenses in affirmative, negative and interrogative	
2-3	2. Memory (Unit 2)	6
	2.1 The Secrets of Memory (intensive reading)	
	2.2 Simple past tense (language focus)	
	2.3 Past continuous tense (language focus)	
	2.4 <i>used to</i> and <i>would</i> (language focus)	
	2.5 Remembering and forgetting (vocabulary)	



4-8	3 Across the Globe (Unit 3)	10.5
	3.1 Comparatives and superlatives (language focus)	
	3.2 Different ways of comparing things (language focus)	
	3.3 Features and sights + adjectives for describing places (vocabulary)	
	3.4 Visit or avoid (intensive reading)	
	3.5 Travel problems (listening and speaking)	
	3.6 Indirect questions (language focus)	
	3.7 Compare and contrast essays (writing)	
8	Mid-term test	1.5
9-10	4. Sports English	6
	4.1 Track & field	
	4.2 Basketball	
11-13	5. True Stories (Unit 6)	10.5
	5.1 Real lives (reading)	
	5.2 Past perfect tense (language focus)	
	5.3 Reported speech (language focus)	
	5.4 It really happened to me! (intensive reading)	
	5.5 Adverbs for telling stories (vocabulary)	
	5.6 Writing a story (writing)	
13-14	Listening and oral assessment	3
14	General revision	1.5
15	Final examination	3

TEACHING AND LEARNING ACTIVITIES

In this learning module, students will work towards attaining the ILOs through the following teaching and learning activities:

Teaching and Learning Activities	M1	M2	M3	M4	M5
T1. Lectures	✓	✓	✓	✓	✓
T2. In-class exercises	✓	✓	✓	✓	

ATTENDANCE

Attendance requirements are governed by the Academic Regulations Governing Bachelor's Degree Programmes of the Macao Polytechnic University. Students who do not meet the attendance requirements for the learning module shall be awarded an 'F' grade.

ASSESSMENT

In this learning module, students are required to complete the following assessment activities:

Assessment Activities	Weighting (%)	ILOs to be Assessed
A1. Class Participation and Assessments	20%	M1, M2, M3, M4, M5
A2. Assignments	20%	M1, M2, M3, M4, M5
A3. Listening and Oral Assessments	20%	M2, M3
A4. Examination	40%	M1, M4

The assessment will be conducted following the University's Assessment Strategy (see www.mpu.edu.mo/teaching_learning/en/assessment_strategy.php). Passing this learning module indicates that students will have attained the ILOs of this learning module and thus acquired its credits.

MARKING SCHEME

The full score of the module is 100, with 50 as a passing score.

REQUIRED READINGS

1. *New Cutting Edge Intermediate Students' Book*. (Third Edition) (Author: Sarah Cunningham, Peter Moor and Jonathan Bygrave. Year of Publication: 2013. Publisher: Pearson Education Limited.)
2. Authentic reading and listening materials will be provided from newspapers, magazines and websites.

REFERENCES

1. *Essential Grammar in Use*. (Fourth Edition) (Author: Raymond Murphy. Year of Publication: 2015. Publisher: Cambridge University Press.)

STUDENT FEEDBACK

At the end of every semester, students are invited to provide feedback on the learning module and the teaching arrangement through questionnaires. Your feedback is valuable for instructors to enhance the module and its delivery for future students. The instructor and programme coordinators will consider all feedback and respond with actions formally in the annual programme review.



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ACADEMIC INTEGRITY

The Macao Polytechnic University requires students to have full commitment to academic integrity when engaging in research and academic activities. Violations of academic integrity, which include but are not limited to plagiarism, collusion, fabrication or falsification, repeated use of assignments and cheating in examinations, are considered as serious academic offenses and may lead to disciplinary actions. Students should read the relevant regulations and guidelines in the Student Handbook which is distributed upon the admission into the University, a copy of which can also be found at www.mpu.edu.mo/student_handbook/.