



**FACULTY OF HEALTH SCIENCES AND SPORTS**  
**BACHELOR OF PHYSICAL EDUCATION**  
**LEARNING MODULE OUTLINE**

|                       |  |               |  |
|-----------------------|--|---------------|--|
| Academic Year         | 2024/2025  | Semester      | 2  |
| Module Code           | ENGL1102/PENG122                                     |               |  |
| Learning Module       | English II   |               |  |
| Pre-requisite(s)      | Nil  |               |  |
| Medium of Instruction | English & Chinese                                    |               |  |
| Credits               | 3  | Contact Hours | 45   |
| Instructor            | Rufina Chan<br>Joanna Yan<br>Lopes Monteiro Cristina | Email         | rufinachan@mpu.edu.mo<br>okyan@mpu.edu.mo<br>t1792@mpu.edu.mo    |
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**MODULE DESCRIPTION**

English 2 is one of the continuous general English modules for the Bachelor of Physical Education programme. It aims to further develop students' competence in using English for general purposes. Equal emphasis is given to learning language and developing communicative skills required for higher education. The subjects also give students practice in both written and spoken communication. By learning pronunciation, vocabulary, grammar and discourse style, students are trained to enhance their listening, speaking, reading and writing competence in English. Furthermore, some facts and situations in others countries and foreign cultures may be introduced throughout the process of learning so as to expand students' knowledge about foreign countries, especially the English-speaking ones, and to assist them to develop a global vision.

**MODULE INTENDED LEARNING OUTCOMES (ILOS)**

On completion of this learning module, students will be able to:

|     |   |
|-----|---|
| M1. | Perceive simple passages related to areas which are most immediately relevant to them (e.g. very basic personal and family information, shopping, places of interest, etc.)   |
| M2. | Understand simple passages related to areas which are most immediately relevant to them (e.g. very basic personal and family information, shopping, places of interest, etc.) |
| M3. | Communicate in simple, everyday tasks requiring no more than a simple and direct exchange of information on familiar and routine matters                                      |
| M4. | Describe in simple terms aspects of their past, environment and matters related to their immediate needs  |



|     |   |
|-----|---|
| M5. | Have knowledge of various cultures in the world, especially in topics related to sports |
|-----|---|

These ILOs aims to enable students to attain the following Programme Intended Learning Outcomes (PILOs):

| PILOs   | M1 | M2 | M3 | M4 | M5 |
|---|----|----|----|----|----|
| P1. Knowledge of physical education and sports.   |    |    |    |    |    |
| P2. Problem-solving ability and management skills in physical education and sports.                   |    |    |    |    |    |
| P3. Master the skills in different sport events.  |    |    |    |    |    |
| P4. Plan, organise, lead and evaluate sports programmes.  |    |    |    |    |    |
| P5. Master skills and qualities to serve in sports-related organizations.                             |    |    |    |    | ✓  |
| P6. Possess preliminary ability of scientific research in physical education.                         |    |    |    |    |    |
| P7. Show spirit of sport and encourage the young generation to have a positive attitude towards life. |    |    |    |    |    |
| P8. Practice a healthy lifestyle and promote it to the people around them.                            |    |    |    |    |    |
| P9. Communicate effectively in both speaking and writing.   | ✓  | ✓  | ✓  | ✓  | ✓  |

#### MODULE SCHEDULE, COVERAGE AND STUDY LOAD

| Week | Content Coverage  | Contact Hours |
|------|---|---------------|
| 1    | 1. Introduction and Preparation   | 1.5           |
|      | 1.1 Module introduction   |               |
|      | 1.2 Ice breaking: How was the Christmas holiday?                        |               |
| 1-4  | 2. Success (Unit 7)   | 9             |
|      | 2.1 Verb phrases about ambitions (vocabulary)                           |               |
|      | 2.2 Top five secrets of success (intensive reading)                     |               |
|      | 2.3 Present perfect tense and simple past tense – forms (grammar)       |               |
|      | 2.4 Present perfect tense – negative and interrogative (grammar)        |               |
|      | 2.5 The internet & Finding fame on the internet (reading and listening) |               |
|      | 2.6 Talking about your ambitions (listening, speaking and writing)      |               |



|       |     |  |     |
|-------|-----|--|-----|
| 4-6   | 3   | Places to live (Unit 8)  | 7.5 |
|       | 3.1 | City life (vocabulary)   |     |
|       | 3.2 | Using articles (grammar)   |     |
|       | 3.3 | Top 5 most extreme places to live in the world! (intensive reading)        |     |
|       | 3.4 | Geographical features (vocabulary)   |     |
|       | 3.5 | Quantifiers with countable and uncountable nouns (grammar)                 |     |
|       | 3.6 | Asking for and giving directions (listening and speaking)                  |     |
| 7-8   | 4.  | Old and new (Unit 9)   | 7.5 |
|       | 4.1 | Modern equipment (vocabulary)  |     |
|       | 4.2 | What was life like one hundred years ago? (intensive reading)              |     |
|       | 4.3 | Modal verbs: may, might and will (grammar)                                 |     |
|       | 4.4 | Adjectives for describing places (vocabulary)                              |     |
|       | 4.5 | Present tense after <i>if</i> , <i>when</i> and other time words (grammar) |     |
|       | 4.6 | Plan a café makeover ( reading and listening )                             |     |
| 9-11  | 5.  | Take care! (Unit 10)   | 7.5 |
|       | 5.1 | Accidents and injuries, feeling ill (vocabulary)                           |     |
|       | 5.2 | Past continuous tense – forms, negative and interrogative (grammar)        |     |
|       | 5.3 | Dirt is good for you (intensive reading)                                   |     |
|       | 5.4 | Usage of <i>used to</i> (grammar)  |     |
|       | 5.5 | Talking about health (listening and speaking)                              |     |
|       | 5.6 | Time words in a narrative (writing)  |     |
| 12-14 | 6.  | The right person (Unit 13)   | 7.5 |
|       | 6.1 | Finding Mr. Right (intensive reading)                                      |     |
|       | 6.2 | Personal characteristics (vocabulary)                                      |     |
|       | 6.3 | Present perfect continuous tense and present perfect tense (grammar)       |     |
|       | 6.4 | Getting a job (vocabulary)   |     |
|       | 6.5 | Choose an ambassador (reading and speaking)                                |     |
| 14    |     | General revision   | 1.5 |
| 15    |     | Final examination  | 3   |



## TEACHING AND LEARNING ACTIVITIES

In this learning module, students will work towards attaining the ILOs through the following teaching and learning activities:

| Teaching and Learning Activities | M1 | M2 | M3 | M4 | M5 |
|----------------------------------|----|----|----|----|----|
| T1. Lectures                     | ✓  | ✓  | ✓  | ✓  | ✓  |
| T2. Audio / Videos               | ✓  | ✓  | ✓  | ✓  |    |
| T3. Role Plays                   | ✓  | ✓  | ✓  | ✓  |    |
| T4. Games                        | ✓  | ✓  | ✓  |    |    |
| T5. Group Discussions            | ✓  | ✓  | ✓  | ✓  | ✓  |
| T6. In-class Exercises           | ✓  | ✓  | ✓  | ✓  |    |

## ATTENDANCE

Attendance requirements are governed by the Academic Regulations Governing Bachelor's Degree Programmes of the Macao Polytechnic University. Students who do not meet the attendance requirements for the learning module shall be awarded an 'F' grade.

## ASSESSMENT

In this learning module, students are required to complete the following assessment activities:

| Assessment Activities                   | Weighting (%) | ILOs to be Assessed |
|---|---------------|---------------------|
| A1. Class Participation and Assessments | 20%           | M1, M2, M3, M4, M5  |
| A2. Class Exercises                     | 20%           | M1, M2, M3, M4, M5  |
| A3. Oral Assessments                    | 20%           | M2, M3              |
| A4. Examination                         | 40%           | M1, M4              |

The assessment will be conducted following the University's Assessment Strategy (see [www.mpu.edu.mo/teaching\\_learning/en/assessment\\_strategy.php](http://www.mpu.edu.mo/teaching_learning/en/assessment_strategy.php)). Passing this learning module indicates that students will have attained the ILOs of this learning module and thus acquired its credits.

## MARKING SCHEME

The full score of the module is 100, with 50 as a passing score.



## REQUIRED READINGS

1. *Cutting Edge Pre-Intermediate Students' Book*. (Third Edition) (Author: Sarah Cunningham, Peter Moor and Araminta Grace. Year of Publication: 2013. Publisher: Pearson Education Limited.)
2. Authentic reading and listening materials will be provided from newspapers, magazines and websites.

## REFERENCES

1. *Essential Grammar in Use*. (Fourth Edition) (Author: Raymond Murphy. Year of Publication: 2015. Publisher: Cambridge University Press.)

## STUDENT FEEDBACK

At the end of every semester, students are invited to provide feedback on the learning module and the teaching arrangement through questionnaires. Your feedback is valuable for instructors to enhance the module and its delivery for future students. The instructor and programme coordinators will consider all feedback and respond with actions formally in the annual programme review.

## ACADEMIC INTEGRITY

The Macao Polytechnic University requires students to have full commitment to academic integrity when engaging in research and academic activities. Violations of academic integrity, which include but are not limited to plagiarism, collusion, fabrication or falsification, repeated use of assignments and cheating in examinations, are considered as serious academic offenses and may lead to disciplinary actions. Students should read the relevant regulations and guidelines in the Student Handbook which is distributed upon the admission into the University, a copy of which can also be found at [www.mpu.edu.mo/student\\_handbook/](http://www.mpu.edu.mo/student_handbook/).