



**PEKING UNIVERSITY HEALTH SCIENCE CENTER  
-MACAO POLYTECHNIC UNIVERSITY NURSING ACADEMY(AE)  
BACHELOR OF SCIENCES IN NURSING  
LEARNING MODULE OUTLINE**

Academic Year	2025/2026	Semester	I
Module Code	NLDE2100		
Learning Module	Life-and-death Education		
Pre-requisite(s)	Nil		
Medium of Instruction	Chinese / English		
Credits	2	Contact Hours	30 hrs
Instructor	Dr WANG Yan	Email	ywang@mpu.edu.mo
Office	Room GF009, AE, Building 3	Office Phone	88936943

### MODULE DESCRIPTION

This 30-hour subject aims to equip students with fundamental theories on life and death, guide them in reflecting on life-and-death affairs for patients and themselves, and help them construct a positive and healthy attitude toward life and death.

This subject covers the realistic level of life-and-death affairs, the life-and-death theories in philosophy and religion, and some special topics that would be introduced and discussed, such as abortion, euthanasia, advance care planning, suicide, and organ donation etc. The course will also teach grief counselling techniques and allow students to practice. Death design will be covered to help students construct a wise and calm attitude toward their death.

Lecture, discussion, role-playing, video and music appreciation, painting appreciation, and writing/reading guidance will be used as teaching methods. Assessment includes class performance, reflection papers focusing on any life-and-death topic in this subject, and an open-book exam.

### MODULE INTENDED LEARNING OUTCOMES (ILOS)

On completion of this learning module, students will be able to:

M1.	Identify life-and-death-related theories in philosophy and religions.
M2.	Understand special topics in life-and-death affairs.
M3.	Apply skills in bereavement counseling.
M4.	Apply life-and-death-related theories to the clinical ethical dilemma.
M5.	Construct a cherished attitude toward life and a wise attitude toward death.



These ILOs aim to enable students to attain the following Programme Intended Learning Outcomes (PILOs): The PILOs are aligned with the Dublin descriptors, including knowledge and understanding, acquisition, application, critical judgment, communication skills, and learning skills/ability.

PILOs	M1	M2	M3	M4	M5
P1. Demonstrate an understanding of the holistic nature of the clients' health status involving individual, family, and community aspects.	✓	✓	✓	✓	
P2. Demonstrate effective communication skills and the ability to establish and maintain a therapeutic relationship with clients.			✓	✓	
P3. Demonstrate a mastery and an application of knowledge and skills for nursing practice, including biological sciences, social sciences and humanities, by making appropriate clinical reasoning and performing safe and therapeutic practice.			✓	✓	
P4. Demonstrate the ability to maintain legal and ethical standards of nursing practice.			✓	✓	
P5. Demonstrate the ability to carry out relevant research and contribute to the health of the community.	✓	✓	✓	✓	
P6. Work effectively and efficiently alone or in teams.			✓	✓	
P7. Demonstrate the ability to identify and evaluate health care issues.		✓	✓	✓	
P8. Demonstrate a critical understanding and apply the principles of evidence-based practice to the delivery of nursing care.			✓	✓	

## MODULE SCHEDULE, COVERAGE AND STUDY LOAD

### 3A

Week	Content Coverage	Contact Hours
1	The joy of life. Life dilemma.	4
2	Dying and death. Negative moods related to death. Death design.	6
3	Bereavement counseling. Life-and-death in religion. Life-and-death philosophy.	6
4	Euthanasia. Organ donation.	4
5	Hospice care. Abortion.	4
8	Suicide. Death penalty.	4
16	Exam	2



### 3B

Week	Content Coverage	Contact Hours
1	The joy of life. Life dilemma. Dying and death. Negative moods related to death.	8
9	Death design. Bereavement counseling. Life-and-death in religion. Life-and-death philosophy.	8
11	Euthanasia. Organ donation.	4
12	Hospice care. Abortion.	4
13	Suicide. Death penalty.	4
16	Exam	2

### TEACHING AND LEARNING ACTIVITIES

In this learning module, students will work towards attaining the ILOs through the following teaching and learning activities:

Teaching and Learning Activities	M1	M2	M3	M4	M5
T1. Lecture	✓	✓		✓	✓
T2. Discussion	✓	✓		✓	✓
T3. Role-playing			✓		
T4. Video and music appreciation, painting appreciation		✓		✓	✓
T5. Writing/reading guidance		✓		✓	

### ATTENDANCE

Attendance requirements are governed by the Academic Regulations Governing Bachelor's Degree Programmes of the Macao Polytechnic University.

Students who do not meet the attendance requirements for the learning module shall be awarded an 'F' grade.

Students are not eligible to attend the final examination and re-sit examination, moreover, an "F" will be given as the final grade to students who have less than the stated attendance for the enrolled module.



## ASSESSMENT

This learning module is graded on a 100-point scale, with 100 being the highest possible score and 50 being the passing score.

In this learning module, the assessment includes two aspects: Assignments (40%) and Final exam (60%).

Students are required to complete the following assessment activities:

Assessment Activities	Weighting (%)	ILOs to be Assessed (M1,M2,M3,M4,M5)
A1. Assignment (Two assignments: 10%, and 30%)	40%	M1,M2,M3,M4,M5
A2. Final examination (Open-book examination)	60%	M1,M2,M3,M4,M5
Total	100%	

The assessment will be conducted following the University's Assessment Strategy (see [www.mpu.edu.mo/teaching\\_learning/en/assessment\\_strategy.php](http://www.mpu.edu.mo/teaching_learning/en/assessment_strategy.php)).

Passing this learning module indicates that students will have attained the ILOs of this learning module and thus acquired its credits.

## MARKING SCHEME

### The requirements of the assignments

	Topic	Description	Percentage
1.	The joy of life	Describe and share one of your joyful experiences.	10%
2.	Death design	Design your death (e.g., write a will, design your funeral, draw your gravestone, plan a farewell trip, or design a death souvenir)	30%



### The requirement of the final examination

The open-book exam is composed of 6-7 short questions and 1 case study. The exam aims to check your deep understanding of the theories and your ability to apply these theories to clinical situations.

#### Assessment Rubrics

Assessment Activities	Assessment Criteria	Mark Ranges				
		88-100 High	73-87 Signification	58-72 Moderate	50-57 Basic	<50 Fail
Assignment	Demonstrate the ability to answer questions on topics covered in the outline	Excellent	Good/ Very Good	Satisfactory	Marginal Pass	Not reaching marginal levels
Final examination	Demonstrate the ability to identify and apply appropriate concepts, methods, and techniques	Excellent	Good/ Very Good	Satisfactory	Marginal Pass	Not reaching marginal levels

#### REQUIRED READINGS

郭慧娟（2020）. 生死學概論(2e). 台北：華都文化.

劉作揖（2020）. 生死學概論(4e). 台北：新文京.

#### REFERENCES

弗朗克（2008）. 活出意義來. 臺北：光啟文化

尉遲淦（2009）. 殯葬臨終關懷. 臺北：威仕曼文化.

鄭志明（2009）. 宗教生死學. 臺北：文津

劉俊榮，范宇瑩（2022）. 護理倫理學. 北京：人民衛生.

傅偉勛（2010）. 死亡的尊嚴與生命的尊嚴. 臺北：正中書局.

米奇.埃爾托（2018）. 最後 14 堂星期二的課. 臺北：大塊文化.

於娟（2012）. 此生未完成. 臺北：商周出版.

#### STUDENT FEEDBACK

At the end of every semester, students are invited to provide feedback on the learning module and the teaching arrangement through questionnaires. Your feedback is valuable for instructors to enhance the module and its delivery for future students. The instructor and programme coordinators will consider all feedback and respond with actions formally in the annual programme review.



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## ACADEMIC INTEGRITY

The Macao Polytechnic University requires students to have full commitment to academic integrity when engaging in research and academic activities. Violations of academic integrity, which include but are not limited to plagiarism, collusion, fabrication or falsification, repeated use of assignments and cheating in examinations, are considered as serious academic offenses and may lead to disciplinary actions. Students should read the relevant regulations and guidelines in the Student Handbook which is distributed upon the admission into the University, a copy of which can also be found at [www.mpu.edu.mo/student\\_handbook/](http://www.mpu.edu.mo/student_handbook/).



## Criteria of Grading for Assignments

### Report 1-JOY OF LIFE

- Scoring: 10%
- Topic: Describe an event (or a stage of life) that you think is the JOY OF LIFE, ① personally experienced, ② felt as a bystander, or ③ by your imagination.
- Grading criteria
  - 300-500 words (2%)
  - Clear description (3%): child, teenager, youth, middle age, old age... academic success, friends, religion, love, marriage, parenthood, career success, travel, reading, music, retirement...
  - Deep reflection (3%)
  - Sincere feelings (2%)

### Report 2-Death design

- Scoring: 30%
- Topic: choose any type to design your death: death list, will paper, gravestone/grave, funeral, death souvenir, last day planning, coffin, remains, digital grave...
- Grading criteria
  - If you use pure words, no less than 800 words. If you design anything, please describe your idea with words no less than 500 (10%)
  - Creativity, clear description or expression (15%)
  - Sincere feelings (5%)



	Topic	Teacher
1	Joy of life	Wang Yan
2	Life dilemma	Wang Yan
3	Dying and death	Wang Yan
4	Negative moods related to death	Wang Yan
5	Death design	Wang Yan
6	Bereavement counseling	Wang Yan
7	Life-and-death in religion	Wang Yan
8	Life-and-death philosophy	Wang Yan
9	Euthanasia	Wang Yan
10	Organ donation	Wang Yan
11	Hospice care	Wang Yan
12	Abortion	Wang Yan
13	Suicide	Wang Yan
14	Death penalty	Wang Yan
15	Exam	Wang Yan