澳門理工大學
Universidade Politécnica de Macau
Macao Polytechnic University

PEKING UNIVERSITY HEALTH SCIENCE CENTER

-MACAO POLYTECHNIC UNIVERSITY NURSING ACADEMY (AE)

BACHELOR OF SCIENCES IN NURSING PROGRAMME

LEARNING MODULE OUTLINE

Academic Year	2025-2026	Semester	I
Module Code	IMEN3200		
Learning Module	Mental health nursing (clinical Placement)		
Pre-requisite(s)	Clinical placement (Fundamental nursing) (IFUN1200) Mental health nursing (NMEN3101)		
Medium of Instruction	Chinese/English		
Credits	3	Contact Hours	120 hours
Instructor	WangYong	Email	
Office	Peking University Six Hospital nursing department	Office Phone	010-61595512

MODULE DESCRIPTION

This Guide offers an introduction to the methods for assessment in the subject of Clinical Placement (Mental Health Nursing). Through this practicum, students apply the theoretical knowledge of mental health nursing to clinical practice.

MODULE INTENDED LEARNING OUTCOMES (ILOS)

On completion of this learning module, students will be able to:

M1.	Completion of a PCNSE is mandatory for students prior to commencing their clinical placement.
M2.	Selects a client with a specific health problem and conducts the nursing process. The student writes the 'Nursing Care Study' accordingly. The contents should relate to the student's own clinical experience.
M3.	Sum up the experience and make a reflection. By reflection, the student expresses personal feelings and reviews the effectiveness of integrating theory and practice.

These ILOs aims to enable students to attain the following Programme Intended Learning Outcomes (PILOs):

The PILOs are aligned with the Dublin descriptors, including knowledge and understanding, acquisition, application, critical judgment, communication skills, and learning skills/ability.

PILOs	M1	M2	M3
P1. Demonstrate the understanding of the holistic nature of the clients' health status involving individual, family, and community aspects.	✓	✓	✓
P2. Demonstrate effective communication skills and the ability to establish and maintain a therapeutic relationship with clients.	✓	✓	✓
P3. Demonstrate a mastery and an application of knowledge and skills for nursing practice, including biological sciences, social sciences and humanities, by making appropriate clinical reasoning and performing safe and therapeutic practice.	✓	✓	✓
P4. Demonstrate the ability to maintain legal and ethical standards of nursing practice.	✓	✓	✓
P5. Demonstrate the ability to carry out relevant research and contribute to the health of the community.		✓	✓
P6. Work effectively and efficiently alone or in teams.	✓	✓	✓
P7. Demonstrate the ability to identify and evaluate health care issues.	✓	✓	✓
P8. Demonstrate a critical understanding and apply the principles of evidence-based practice to the delivery of nursing care.	✓	✓	✓

MODULE SCHEDULE, COVERAGE AND STUDY LOAD

Week	Content Coverage	Contact Hours
1-3	Recognize the structure, functions and operations of the unit for mental health care services. Conduct health assessment and practice nursing procedures skillfully. Make the nursing care plan, implement nursing procedure, and evaluate the client's response. Describe the therapeutic effect, mechanism, and dosage of drugs commonly used in practice, and observe their efficacy and side effects. Prepare the client for the involuntary admission and discharge correctly; participate in therapeutic activities and special procedure (e.g. MECT) in mental health unit. Conduct patient education, counselling and join therapeutic activities. Report and evaluate client's condition through daily activities.	120

TEACHING AND LEARNING ACTIVITIES

In this learning module, students will work towards attaining the ILOs through the following teaching and learning activities:

Teaching and Learning Activities	M1	M2	M3	M4	M5	M6
T1. Demonstration of skills, discussion and group meeting	✓	✓	✓			
T2. Monitoring nursing skills and practise of students	✓	✓	✓			
T3. Assessment and feedback for performance of students	✓	✓	✓			

ATTENDANCE

Attendance requirements are governed by the Academic Regulations Governing Bachelor's Degree Programmes of the Macao Polytechnic University. Students who do not meet the attendance requirements for the learning module shall be awarded an 'F' grade. Clinical placement takes a total of 40 hours weekly. Only when a student attends 90% or above of a placement, he/she will be eligible for assessment for that placement.

ASSESSMENT

This learning module is graded on a 100-point scale, with 100 being the highest possible score and 50 being the passing score.

In this learning module, students are required to complete the following assessment activities:

Assessment Activities	Weighting (%)	ILOs to be Assessed (M1,M2,M3,M4,M5…..)
A1. Pre-Clinical Nursing Skill Examination	10%	M1
A2. Attendance	5%	M2, M3
A3. Assignment	25%	M1, M2, M3
A4. Clinical Assessment	60%	M1, M2, M3

The assessment will be conducted following the University's Assessment Strategy (see www.mpu.edu.mo/teaching_learning/en/assessment_strategy.php). Passing this learning module indicates that students will have attained the ILOs of this learning module and thus acquired its credits.

MARKING SCHEME

Assessment Criteria and Scores

Parts	Assessment Criteria	Assessor	Scores
Pre-Clinical Nursing Skill Examination	Completion of a PCNSE is mandatory for students prior to commencing their clinical placement	Clinical Preceptor	10%
Attendance	• Full attendance of each week. • Absent with valid reason and documentary proof (scores to be deducted proportionally). • Absent for 1 day without valid reason nor documentary proof (0%)	Attendance to be monitored by Clinical Preceptor	5%
Assignment	• clinical learning reflective report	Clinical Preceptor	25%
Clinical Assessment	Teacher & Preceptor Assessment • Give a score according to assessment criteria. Professional Attitude of Assessment Form being graded $\leq$ 12 score, the clinical performance of that unit is "failed" score.	Clinical Preceptor	60%
		Score:	100%

Teaching Material(s)

REQUIRED READINGS

Module textbook:

Videbeck S.L (2019) Psychiatric mental health nursing, Philadelphia: Lippincott Williams & Wilkins.

REFERENCES

Reference books:

American Psychiatric Association (APA) (2013). *Diagnostic & statistical manual of mental disorders* (5th ed.). New York: APA.

Blows. W.T. (2011). *The biological basis of mental health nursing (2nd ed.).* New York: Routledge.

Callaghan P., Playie. J & Cooper L. (2009). *Mental health nursing skills.* Oxford: Oxford University Press.

Clarke V., Walsh A. (2009). *Fundamentals of mental health nursing*. Oxford: Oxford University Press.

Elder R., Evans K. & Nizette D. (2013). *Psychiatric and mental health nursing*. Chatswood: Elsevier.

Fontaine K.L. (2009*). Mental health nursing (6th ed.).* N.J.: Pearson Prentice Hall.

Hogan M., Przybylowicz T.A. & Vacek J. (2013). *Mental health nursing*. New Jersey: Pearson Education Inc.

Gail Wiscarz Stuart (2013) *Principles and Practice of Psychiatric Nursing (10th.ed).* Elsevier: Mosby

Mohr W.K. (2013). *Psychiatric-mental health nursing: evidence-based concepts, skills, and practices.* Philadelphia: Lippincott Williams & Wilkins.

Norman I. & Ryrie I. (2013). *The art and science of mental health nursing: principles and practice*. Berkshire: Open University Press.

Townsend M.C. (2012). *Psychiatric mental health nursing concepts of care in evidence-based practice (7th ed.).* Philadelphia: F.A. Davis Company

Trenoweth S. et al. (2011). *Nursing and mental health care: an introduction for all fields of practice.* Exeter: Learning Matters Ltd.

Varcarolis E.M. et al. (2013). *Essentials of psychiatric mental health nursing: a communication approach to evidence-based care (2nd ed.).* St. Louis: Elsevier

Williamson T. & Daw R. (2013). *Law, values and practice in mental health nursing: a handbook.* Berkshire: Open University Press.

Websites:

DSM-V ® *Diagnostic and Statistical Manual of Mental Disorders*

ICD-11 (2018). *The International Statistical Classification of Diseases and Related Health Problems 11th Revision*

Macao Mental Health Act 31/99/M http://www.ssm.gov.mo/design/news/Document/ICD10.pdf

STUDENT FEEDBACK

At the end of every semester, students are invited to provide feedback on the learning module and the teaching arrangement through questionnaires. Your feedback is valuable for instructors to enhance the module and its delivery for future students. The instructor and programme coordinators will consider all feedback and respond with actions formally in the annual programme review.

ACADEMIC INTEGRITY

The Macao Polytechnic University requires students to have full commitment to academic integrity when engaging in research and academic activities. Violations of academic integrity, which include but are not limited to plagiarism, collusion, fabrication or falsification, repeated use of assignments and cheating in examinations, are considered as serious academic offenses and may lead to disciplinary actions. Students should read the relevant regulations and guidelines in the Student Handbook which is distributed upon the admission into the University, a copy of which can also be found at www.mpu.edu.mo/student_handbook/.

澳門理工大學
Universidade Politécnica de Macau
Macao Polytechnic University

Assessment Form (评分表)

学生姓名：_____ 　学号：_____ 年级：_____ 班别：_____
Name of Student 　　　　　　　　Student's No. 　　Year 　　　　Class

临床实习科目：_____ 实习地点：_____
Clinical Practicum 　　　　　　　Clinical Unit

实习期：____年____月____日至____年____月____日（共_____）缺席：_____
Duration of Time 　yy 　mm 　dd to 　yy 　mm 　dd Total 　　　　Days of Absence

项目 Items		实习表现 Performance	优 A	良 B	中 C	可 D	差 F	得分 Score
专业态度 Professional Attitude (25%)	1.1 主动、好学、有责任心	Active, studious and responsible.	5	4.5	4	2.5	2.4~0	
	1.2 守时、符合护生形象	Punctual and act according to the image of nursing students.	5	4.5	4	2.5	2.4~0	
	1.3 维护服务对象的权益	Protect the interests of clients.	5	4.5	4	2.5	2.4~0	
	1.4 医-护-患之间的关系	Doctor-nurse-patient relationship.	5	4.5	4	2.5	2.4~0	
	1.5 学习目标书写认真、计划可行	Learning objectives are reasonable and feasible.	5	4.5	4	2.5	2.4~0	
知识 Knowledge (35%)	2.1 服务对象之护理评估	Client's health assessment.	11	9.5	8	6.5	5~0	
	2.2 知晓护理措施原理之程度	Principles of nursing interventions.	11	9	8	7	5~0	
	2.3 了解护理人员的角色与职责	Role and functions of nursing personnel.	8	7	6	5.5	4~0	
	2.4 了解部门组织及运作	Unit's organization and operation.	7	6	5	4.5	3~0	
技能 Skills (40%)	3.1 确保服务对象及环境之安全	Maintaining safety for client and the environment.	11	10.5	10	8.5	6~0	
	3.2 正确、灵活执行护理技术	Accurate and tactful performance of nursing skills.	11	10.5	10	8.5	6~0	
	3.3 运用恰当沟通技巧	Using appropriate communication skills.	8	7	6	5.5	4~0	
	3.4 合理地组织所执行措施	Logical organization of performed procedures.	8	7	6	5.5	4~0	

总分 Total Score: _____（最高 Max.100 分）

学生整体表现 Overall performance (请填入等级 Please fill in the grade.)

优		良			中			可		差	等级 Grade
100-95	94-90	89-86	85-83	82-80	79-75	74-70	69-65	64-57	56-50	49-0	
A	A-	B+	B	B-	C+	C	C-	D+	D	F	

Comments:

Clinical Assignment
临床实习（精神科护理）临床实习作业

Clinical Placement (Mental Health Nursing) Clinical Assignment II

「临床实习（精神科护理）」中，学生须编写临床学习反思报告，详情如下：

In "Clinical Placement (Mental Health Nursing)", students are required to do a clinical learning reflective report. Details are as follows:

作业题目 Title of Assignment	临床学习反思报告 Clinical Learning Reflective Report
作业字数 (±10%) Words limit	2000- 2500 字 (不包括封面、参考文献索引及附页) 2000 - 2500 words (not including the cover, references list and appendices)
作业提交日期 Due date	临床实习的最后一天 The last day of Clinical Placement

Assignment requirements 作业要求

每学员于临床实习完结后对此段实习作总结及反省，然后表达其感受及检讨理论与实践的结合。书写风格宜简洁及创新。作业评核范围与准则如下：

At the end of the clinical placement, the student would sum up the experience and make a reflection. By reflection, the student expresses personal feelings and reviews the effectiveness of integrating theory and practice. Writing should be concise but innovative. Marking scheme is as follows:

澳門理工大學
Universidade Politécnica de Macau
Macao Polytechnic University

临床学习反思报告 Clinical Learning Reflective Report

评核范围 Areas of Assessment	评核准则 Marking criteria		比重 Weighting
1. 实习总结与反思 Summary and reflection of the clinical placement	• 对经验有深刻体会 (3%) • 学习成果之反思 (3%) • 实习总结与反思全面而精辟 (4%)	Insightful appreciation of the experience Reflecting on learning outcome Broad and sharp summary and reflection	10%
2. 问题陈述 Issues formulation	• 陈述问题明确、观点清晰 (4%) • 能提出关键问题与目的 (3%) • 能根据目前的情况及理由 (3%) • 相关问题探讨全面、深入 (5%)	State the problem clearly and points concise State the key issues, & purposes Well justified according to current situation The relevant issues explored are comprehensive and in-depth insight.	15%
3. 证据搜寻和运用 Searching and utilization of evidences • 探讨解决问题的方法 Solutions to resolve the problem	• 正负面均平衡讨论，具有批判性 (10%) • 解决问题的方法全面、科学、合理 (10%) • 分析讨论能充分引用文献支持，理据充足 (7%) • 合理解释 (5%) • 最新信息 (3%) • 最少参考3篇文献(至少1篇来自专业期刊) (5%)	Balanced discussion of both the positive and negative aspects, critical thinking Solutions to the problem are comprehensive, scientific and rational There are literatures and evidences to support analysis and discussions, well justified Reasonable explanation Updated information At least 10 papers, half of them should be published in international professional Journals	40%
4. 对改善此临床问题提出建议及理据 Suggestions for improving clinical practice and rationales	• 对改善此临床问题提出建议及理据 (10%) • 建议具体，有科学性、可行性和实用性 (10%)	Suggestions for improving clinical practice and rationales Suggestions are specific, scientific, feasibility and practicability.	20%
5. 参考数据之应用 Use of references	• 文章中正确注明参考来源 (4%) • 引用文献及编写索引之格式正确 (APA格式) (4%) • 数据引用完整 (2%)	Proper acknowledgement of sources. Accurate format of citations, quotations, and listing references used (APA format) Complete information	10%
6. 格式与文笔 Format and style of writing	• 格式正确 • 组织恰当 • 用词简洁而意义清晰 • 不常用之缩写均清楚交代 • 传意能力强	Correct format Appropriate organization Concise writing, clear meaning Proper explanation of unusual abbreviations Communicative	5%
		总分Total:	100%

护士长/临床导师 Head nurse/Clinical Preceptor：＿＿＿＿＿＿＿＿＿　　　日期 Date：