

**Macao Polytechnic University**  
**Faculty of Health Sciences and Sports**  
**Bachelor of Physical Education**

**Module Outline**

**Academic Year 2022 / 2023 Semester 1**

<b>Learning Module</b>	English I		<b>Class Code</b>	PENG122-131/132/133	
<b>Pre-requisite(s)</b>	Nil				
<b>Medium of Instruction</b>	English / Chinese			<b>Credit</b>	6
<b>Lecture Hours</b>	90 hrs	<b>Lab/Practice Hours</b>	N/A	<b>Total Hours</b>	90 hrs
<b>Instructor</b>	Zheng Yunjie / Yolanda		<b>E-mail</b>	<a href="mailto:yzheng@mpu.edu.mo">yzheng@mpu.edu.mo</a> <a href="mailto:yolandaleong@mpu.edu.mo">yolandaleong@mpu.edu.mo</a>	
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**Description**

The primary focus of this module is to develop the reading, writing, speaking and listening skills of post-secondary students at an A1 level of English. The course also aims to promote learner independence, confidence and sound study skills.

**Learning Outcomes**

After completing the learning module, students should be able to demonstrate proficiency in the following skills:

## **Content**

### **Language**

Within this module, students will learn how to use the following language items:

- the alphabet
- there is/ there are
- prepositions of time
- numbers 1 – 100
- understanding numbers
- time
- time expressions
- subject and object pronouns
- parts of speech
- past tense statements and questions
- compound nouns
- comparative phrases
- countable/uncountable nouns
- opposite adjectives
- dates and ordinal numbers
- large numbers

### **Speaking**

By the end of this course, students will be able to:

- Make simple greetings and introductions
- Ask for help
- Ask yes / no questions
- Speak politely
- Give opinions in discussions
- Agree and disagree
- Give a presentation
- Explain difficult words (paraphrase)
- Signpost topics in a talk
- Say date, ordinal and large numbers
- Check understanding
- Prepare a presentation
- Give a presentation / short talk
- Refer to a visual in a presentation
- Explain a main idea
- Ask for help during a presentation

## **Listening**

By the end of this course, students will be able to:

- Listen for specific details
- Make predictions
- Listen to discussions
- Discriminate between different speakers
- Listen for specific details - questions
- Make predictions
- Listen to and understand discussions
- Discriminate between different speakers
- Listen and make notes on a topic
- Identify the main idea in a discussion

## **Reading**

By the end of this module, students will be able to:

- Survey a text to find out what it is all about
- Use pictures and the title to predict the subject of a text
- Read a text quickly for general meaning
- Use important words in questions to find information in a text
- Read a text quickly to find specific information
- Understand pronouns
- Make notes
- Understand tables and charts
- Read a text quickly to find specific information
- Understand text organisation

## **Writing**

Within this module, students will gain writing practice aimed at helping them to:

- Introduce themselves: name, origin, occupation
- Use articles: a/an
- Punctuate with capital letters and commas
- Check their writing: spelling, grammar and punctuation
- avoid repetition in texts
- label visuals
- write a text from notes
- write a polite email
- edit their and others' work
- describe statistics
- write a short paragraph

## **Vocabulary development**

Within this module, students will develop the following vocabulary:

- Classroom instructions
- Follow instructions
- Use a dictionary to find parts of speech, meaning and examples
- Record vocabulary
- Word stress
- Words that go together
- Pronunciation for 3<sup>rd</sup> person –s & consonant groupings of pl, - dr-, str-
- Silent letters
- Health, hygiene and medicine
- School subjects
- Transport
- Space exploration
- Technology and telecommunications
- Business and Industry
- Water
- Astronomy and the Solar System
- Successful businesses and people
- Careers

## **Academic & Critical Thinking Skills**

Within this module, students will develop the following skills:

- Choose words to look for info on a search engine
- Use search engines to find and check information
- Using a dictionary effectively
- Understanding tables and charts
- Describing statistics
- Recording vocabulary
- Checking information
- Using a Search Engine
- Understanding where to find specific information

## **Content**

### 1. Topic: Leisure and Sport (13.5 hours)

#### 1.1 Leisure and Sport

#### 1.2 Speaking and vocabulary, leisure activities

The passage entitled *New Ways with Old Sports* on P10 will be used as text for intensive reading (6 hours). Students need to learn phrases related to leisure and sport, know how

and when to use them, students should learn and be able to discuss briefly their leisure activities and interests in sports.

- 1.3 English Grammar, (1) The special interrogative sentence (3 hours including lecture, practice and exercise) (2) present simple with frequency phrases (1.5 hours including lecture, practice and exercise)

*These are two basic grammar items. Students should be able to master the use of question words and the correct sentence order of a question as well as the use of present simple tense.*

- 1.4 Students will be asked to do the related exercises on Pages from 7 to 11 as well as the exercises on pages 138 and 139 either orally or in writing (3 hours including written exercise [homework]).

2. Topic: First and Lasts (13.5 hours)

- 2.1 Subtopic: Describe a first or last time

- 2.2 Speaking and vocabulary: time phrases at, on, in, ago, as well as words describe feeling

The passage, *The First Television*, on P16 will be used as text for intensive reading (7.5 hours). Students should be able to discuss and describe their first and lasts, especially the use of prepositions such as at, on, in, ago. Students will also be instructed to learn phrases related to and describe feelings. Students will also be requested to tell their important firsts or lasts in class.

- 2.3 Grammar: (1) Past simple – positive, negative and questions (1.5 hours including lecture, practice and exercise) and (2) past simple – questions (1.5 hours including lecture, practice and exercise).

- 2.4 Students should be able to master and use correctly the simple past tense. Students will be instructed to do exercises on Pages from 17 to 23 as well as on pages 140 and 141 (3 hours including written exercise [homework]).

3 Topic: Work and Rest (12 hours)

- 3.1 Subtopic: Daily routines

- 3.2 Speaking and vocabulary: daily routines and jobs

(COMPREHEND: Students will be instructed to learn and master their daily routines, such as what they do weekdays or at the weekend.)

The passage entitled '*Short sleeper' or 'long sleeper': which is healthier*, as the text for intensive reading (6 hours).

- 3.3 English Grammar: learn how to use and master auxiliary verbs such as (1) *should, shouldn't* (1.5 hours including lecture, practice and exercise) and (2) *can, can't, have to and don't have to* (1.5 hours including lecture, practice and exercise).

In addition to presentation, students will be instructed to do related exercises on Pages from 24 to 28 as well as on pages 142 and 143 (3 hours including written exercise [homework]).

#### 4 Special days (18 hours)

##### 4.1 Subtopic: Special days around the world

##### 4.2 Speaking and vocabulary: verb phrases for special days and descriptive adjectives

(This passage, *Special Days Around the World* on Page 33 (6 hours) and *Do something Funny for Money* (6 hours), are selected as a text for intensive reading. Students will be instructed to learn and master the key sentences and sentence patterns as well as the key verbs in this passage. Students will also be instructed to discuss the special days in Macao as well as in their lives.)

##### 4.3 English Grammar: (1) Descriptive adjectives (1.5 hours including lecture, practice and exercise) and (2) Present continuous for future Arrangements (1.5 hours including lecture, practice and exercise).

In addition to presentation by the teacher, students will be instructed to do the related exercises on pages from 33 to 41 as well as on pages 144 and 145 (3 hours including written exercise [homework]).

#### 5 Your look (12 hours)

##### 5.1 Subtopic: Physical appearance

##### 5.2 Speaking and vocabulary: physical appearance and parts of the body

She looks exactly as I imagined (This passage, *She looks exactly as I imagined*, on Page 43 is selected as a text for intensive reading (6 hours) . Students will be instructed to learn and master the key sentences and sentence patterns as well as the key verbs in this passage. Students will also be instructed to learn how to describe people.)

##### 5.3 English Grammar: (1) Comparative and superlative adjectives (1.5 hours including lecture, practice and exercise) and (2) Questions with How, What and What ... like (1.5 hours including lecture, practice and exercise) .

The teacher will give lectures on the two grammar items and then request the students to do exercises on pages from 42 to 51 as well as on pages 146 and 147 (3 hours including written exercise [homework]).

#### 6 Going away (12 hours)

##### 6.1 Subtopic: Choose a holiday

##### 6.2 Speaking and vocabulary: going on holiday, describing holiday

The passage, *On the Move Holidays*, on page 55 is selected as the text for intensive reading (6 hours). Students will be instructed to learn and master the key sentences and sentence patterns as well as the key verbs in this passage. Students will also be instructed to tell their holidays in the past and the plans for the next holiday.

Grammar: (1) plans and intentions (1.5 hours including lecture, practice and exercise) and (2) predictions with *will* and *won't* (1.5 hours including lecture, practice and exercise).

6.3 The teacher will give lectures on the two grammar items and then request the students to do exercises on pages from 53 to 59 as well as on pages 148 and 149 (3 hours including written exercise [homework]).

7 General Review and exercise: 9 hours

## **Teaching Method**

Lectures, videos, case studies, group discussion: The teacher will use ppt to give lectures on intensive reading and grammar. The lectures on intensive reading will focus on sentence patterns and use of verbs. There will be a lot of practice during the course of presentation focusing on basic components of English learning including (but not limited to) listening, speaking, reading, translation, students will be asked to respond to the teachers and answer the teachers questions. Group discussion will be an important component in the learning process.

## **Attendance**

Attendance requirements are governed by the “Academic Regulations Governing Bachelor’s Degree Programmes of Macao Polytechnic University”.

## **Assessment**

This learning module is graded on a 100 point scale, with 100 being the highest possible score and 50 being the passing score.

	<b>Item</b>	<b>Description</b>	<b>Percentage</b>
1.	exercises	Done in each class	20%
2.	Midterm exam	A general exam at the end of first semester	30%
3.	Exam	Annual exam	50%
<b>Total Percentage:</b>			100%

**Teaching Material(s)**: self prepared

### **Textbook(s)**

Sarah Cunningham Peter Moor and Araminta Crace, *Cutting Edge*, (Pre-intermediate), Third Edition, 2013, Pearson

### **Reference**

#### **Reference book(s)**

Author, Year of Publication, Name of the Book, Edition, Publisher

#### **Website(s)**