Macao Polytechnic Institute

School of Health Sciences and Sports

Bachelor of Science in Nursing

Module Outline

Academic Year <u>2021 / 2022</u> Semester <u>1</u>

| Learning Module | Fundamenta | al Nursing I | | Class Code | NFUN1101 | |
|--------------------------|--|---------------------------|-----------|--------------------|----------|--|
| Pre-requisite(s) | Nil | | | | | |
| Medium of Instruction | Cantonese / | English | | Credit | 4 | |
| Lecture Hours | 40 hrs | Lab/Practice Hours | 20 hrs | Total Hours | 60 hrs | |
| Instructor | Dr CHAN Y. M. Cymon (Module Teacher) JIN Xiaoyan Associate Professor Dr MIO K. W. Ruth Dr LEONG S. U. Cindy Dr LUO Zhimin, Glenn | | E-mail | ymchan@ipm.edu.mo | | |
| Office | Rm M728, Main Camp | Meng Tak Building, ous | Telephone | 85993446 | | |

Description

This learning module introduces the roles and functions of the nurse, as well as concepts of health and diseases. The contents include promotion of communication, development of supportive nursing interventions for ensuring safety and comfort of the client, optimization of the client's functions of respiration, circulation, and maintenance of human body.

Learning Outcomes

After completing the learning module, students will be able to:

- 1. Understand the concept of nursing, and other related knowledge.
- 2. Recognize the local health care system
- 3. Discuss the nursing interventions of individual and public hygiene.
- 4. Learn some professional communication and decompression skills.
- 5. Apply fundamental nursing skills to living situation.
- 6. Master theoretical knowledge of fundamental nursing before clinical practicum.

Content

1. Introduction, professional nursing (2 class hours)

1.1 UNDERSTAND

The course of fundamental nursing, theoretical and clinical placement; the course requirement and the evaluation, discuss the balance between study and life.

1.2 COMPREHEND

The characteristics of professionalism in nursing; discuss the importance of education in professional nursing practice, describe the purpose of professional standards of nursing practice, describe the roles and career opportunities for nurses, discuss the influence of social, political, and economic changes on nursing practices.

2. Health and wellness (2 class hours)

2.1 UNDERSTAND

The health belief, health promotion, basic human needs, and holistic health models of health and illness and their relationship to patients' attitudes toward health and health practices; the variables influencing health beliefs, health practices, and illness behaviors, health promotion and illness prevention activities, the three levels of prevention.

2.2 COMPREHEND

The different types of risk factors affect a person's health, a nurse's role in helping patients modify their health risks and change their health behaviors, the variables that influence illness behavior.

3. Macao health care system, health care delivery system (2 class hours)

3.1 UNDERSTAND

Macao health care system, the policy and functions of Health Bureau, public health care center and specialized health care, the factors that affect a person's access to health care.

3.2 COMPREHEND

The role of nurses in various health care settings, the nursing implications regarding issues facing the health care system.

4. Ethics (2 class hours)

4.1 UNDERSTAND

The foundations of ethics and ethical practice in nursing, describe patient advocacy and the nurse's role.

4.2 COMPREHEND

The process for recognizing and resolving an ethical dilemma.

5. Nursing Process (4 class hours)

5.1 UNDERSTAND

The step of the nursing process, the relationship between critical thinking and all steps of the nursing process, how developing relationships with patients improves the assessment process, the approaches to data collection in nursing assessment, the differentiate between subjective and objective data, the types of conclusions resulting from data analysis, how a nursing diagnosis guides nursing practice, how the nurse uses defining characteristics and etiologic factors to individualize a nursing diagnosis, the differences among health-promotion diagnoses, problem-focused, and risk nursing diagnoses.

5.2 COMPREHEND

The criteria used in setting priorities, the differences between a goal and an expected outcome, identify examples of nursing-sensitive outcomes, develop a plan of care based on a nursing assessment, the process of selecting nursing interventions, the indicators of

a nurse's ability to evaluate nursing care, the relationship among goals of care, expected outcomes, and evaluative measures when evaluating and revising nursing care.

6. Informatics and Documentation (2 class hours)

6.1 UNDERSTAND

Concepts of health, wellness and well-being, key reasons for reporting and documenting patient care, the concept of informatics and its relationship to the delivery of quality care, compare paper-based and electronic documentation, legal and ethical implications associated with documentation, the advantages of computerized documentation, methods for maintaining privacy and confidentiality of protected health information, the relationship between informatics and quality health care.

6.2 COMPREHEND

The key reasons for documenting patient care, the guidelines for effective documentation in a variety of health care settings, legal guidelines for documentation, the different methods and forms used for documentation, the purpose for incident (event, or occurrence) reports and why the existence of such reports should not be documented in the medical record.

7. Communication (2 class hours)

7.1 UNDERSTAND

The elements of the communication process, the levels of communication and their uses in nursing, verbal and nonverbal communication, the features and expected outcomes of the nurse-patient relationship, a nurse's focus within each phase of a therapeutic nurse-patient relationship, the behaviors and techniques that affect communication, the standardized communication tools used to facilitate safe, complete, and organized communication, the principles of plain language for promoting health literacy.

7.2 COMPREHEND

The communication within each phase of the nursing process, an effective communication for patients of varying developmental levels, techniques used to assist patients with special communication needs.

8. Infection Prevention and Control (2 class hours)

8.1 UNDERSTAND

The normal defenses of the body against infection, the development of the inflammatory response, the signs and symptoms of a localized and a systemic infection, the characteristics of each link of the infection chain, patients at risk for acquiring an infection, the conditions that promote development of health care—acquired infections (HCAIs), the strategies for Standard Precautions, the principles of medical and surgical asepsis.

8.2 COMPREHEND

The nursing interventions designed to break each link in the infection chain, techniques for transmission-based precautions, the procedures for hand hygiene and the steps for applying personal protective equipment.

9. Vital signs (2 class hours)

9.1 UNDERSTAND

The principles and mechanisms of thermoregulation, nursing interventions that promote heat loss and heat conservation, the physiological changes associated with fever, how to assess body temperature, pulse, respiration, oxygen saturation, and blood pressure, the factors that cause variations in vital signs, the ranges of acceptable vital sign values for an infant, child, and adult, the variations in techniques used to assess vital signs in an infant, a child, and an adult.

9.2 COMPREHEND

The physiological effects of heat and cold on the tissue, the appropriate uses of heat and cold, the heat and cold therapeutic advantages and contraindication.

10. Safety (2 class hours)

10.1 UNDERSTAND

The environmental hazards that pose risks to patient safety, the importance of national patient safety resources and standards for promoting patient safety, the factors that create a culture of safety, the nurse's role in prevention of serious reportable events, the risks to patients' safety within health care settings and the home, the relevant nursing diagnoses associated with risks to safety, the approaches for establishing a restraint-free environment, the factors to consider in the use of restraints.

10.2 COMPREHEND

Develop a nursing care plan for patients whose safety is threatened, the developmentally appropriate nursing interventions for reducing risks for falls, fires, poisonings, and electrical hazards, the methods to evaluate interventions designed to maintain or promote safety.

11. Hygiene (2 class hours)

11.1 UNDERSTAND

The factors that influence personal hygiene practices, a comprehensive assessment of a patient's hygiene needs, the factors that affect the condition of the skin, mouth, hair, scalp, nails, and feet, the common problems involving the skin, feet, nails, hair, and scalp, the appropriate interventions for hygiene problems, perform hygiene procedures for care of a patient's skin, perineum, feet, nails, mouth, eyes, ears, and nose, the importance of foot care for a patient with diabetes, the conditions that place patients at risk for impaired oral mucous membranes, how hygiene for older adults differs from that for younger patients.

11.2 COMPREHEND

Make an occupied and unoccupied hospital bed, the ways to foster patient-centered care when providing hygiene care, incorporate safety measures into hygiene care activities.

12. Sleep (2 class hours)

12.1 UNDERSTAND

The effect the 24-hour sleep-wake cycle has on biological function, the mechanisms that regulate sleep, the normal stages of sleep, the functions of sleep, the characteristics of sleep for different age groups, the factors that promote or disrupt sleep, the characteristics of common sleep disorders.

12.2 COMPREHEND

The elements of a sleep history and assessment, the interventions appropriate to promoting sleep for patients with various sleep disorders, the differences in sleep interventions for patients of different age groups, the ways to evaluate the effectiveness of sleep therapies.

13. Pain Management, heat and cold treatment (2 class hours)

13.1 UNDERSTAND

The physiology of pain, the components of the pain experience, assess a patient experiencing pain, develop appropriate nursing diagnoses for a patient in pain, the guidelines for selecting and individualizing pain therapies, the nonpharmacological nursing interventions to manage pain, the nursing implications for administering analgesics.

13.2 COMPREHEND

The sequence of interventions recommended in pain management, the evaluate a patient's response to interventions that manage pain.

14. Nutrition (2 class hours)

14.1 UNDERSTAND

Recognize the significance of essential nutrients in human nutrition, the end products of digestion for carbohydrate, protein, and lipids, the basic food groups and their use in planning meals for balanced nutrition, the importance of a balance between energy intake and energy output, the dietary guidelines, the major areas of nutrition assessment, identify patients at risk for nutrition problems, recognize a plan of care that meets the nutrition needs of a patient, identify methods for feeding patients who require oral intake assistance.

14.2 COMPREHEND

The procedure for initiating and maintaining enteral tube feedings, the procedure for initiating and maintaining parenteral nutrition.

15. Immobility (2 class hours)

15.1 UNDERSTAND

The concepts of mobility and immobility, the physiological and psychosocial changes associated with immobility and identify the impact changes have on nursing interventions, the complications associated with the physiological changes of immobility, the techniques for assessing body alignment and impaired mobility, the appropriate nursing diagnoses for patients with impaired mobility, the importance of no-lift policies for patients and health care providers, the appropriate decision-making process when choosing equipment needed for safe patient handling and movement, develop an individualized nursing care plan for patients with impaired mobility.

15.2 COMPREHEND

The active and passive range-of-motion exercises, the risks for development of deep vein thrombosis and the appropriate interventions to use for prevention, the techniques for repositioning patients in bed, the evaluate patient outcomes of nursing care for improving or maintaining mobility.

16. Exercise and Activity (2 class hours)

- 16.1 UNDERSTAND
- 16.2 Describe the role of the musculoskeletal and nervous systems in the regulation of activity and exercise.
- 16.3 Discuss physiological and pathological influences on body alignment and joint mobility.
- 16.4 Describe how to assess patient body alignment and levels of activity and exercise.
- 16.5 Formulate nursing diagnoses for patients experiencing alterations with activity and exercise.
- 16.6 Develop an individualized nursing care plan for a patient with impaired physical mobility.
- 16.7 Discuss the national patient initiatives and regulations in relation to patient handling and movement.
- 16.8 Evaluate the nursing care plan for maintaining patient activity and exercise.

17. Skin Integrity and wound care (2 class hours)

17.1 UNDERSTAND

The risk factors for pressure injury development, the National Pressure Ulcer Advisory Panel (NPUAP) pressure injury stages, the guidelines for prevention of pressure injuries, the use of risk assessment tools in the assessment of pressure injuries, the response of the body during each phase of the wound healing process, describe wound assessment criteria: anatomical location, size, type and percentage of wound tissue, volume and color

of wound drainage, and condition of surrounding skin, the differentiate healing by primary, secondary and tertiary intention.

17.2 COMPREHEND

The common complications of wound healing, the factors that promote or impede wound healing, the purposes of and precautions taken with applying dressings and binders, the mechanism of action of wound care dressings.

18. Practice- Hand Hygiene, PPE, Sterile Gloves, Sterile Field etc. (2 class hours)

18.1 MASTER

Apply the related knowledge to the nursing technique.

19. Practice- Vital signs, heat and cold treatment etc. (2 class hours)

19.1 MASTER

Apply the related knowledge to the nursing technique.

20. Practice- Personal hygiene, bed making etc. (4 class hours)

20.1 MASTER

Apply the related knowledge to the nursing technique.

21. Practice- Nasogastric tube & BM test (2 class hours)

21.1 MASTER

Apply the related knowledge to the nursing technique.

- 22. Practice- ROM, Anti-embolic Elastic, lifting, positioning, walker, physical restraints. (2 class hours)
 - 22.1 MASTER

Apply the related knowledge to the nursing technique.

- 23. Practice- Wound care, bandage (2 class hours)
 - 23.1 MASTER

Apply the related knowledge to the nursing technique.

- 24. Practice- Skill review (6 class hours)
 - 24.1 MASTER

Apply the related knowledge to the nursing technique.

- 25. Test (2 class hours)
 - 25.1 Nursing Profession, Health Care Delivery System, Ethics, Communication, Health and Wellness, Safety.
 - 25.2 Infection Prevention and Control, Vital Signs, Immobility, Exercise and Activity, Hygiene, Nutrition, Skin Integrity and Wound care.
- 26. Examination (2 class hours)
 - 26.1 All contents.

Lab Practice

Practice Item: Demonstration of the skill technique

Students / Group: 10-25 students

Mode of Practice: Supervision of student's practice

Practice Requirement: Punctuality, politeness, tidy and clinical uniform with accessories.

Teaching Method

Lectures, discussions, analyses, videos and student inquiries.

Attendance

Attendance of the learning module is in accordance with the attendance stated in the 'Academic Regulations Governing Bachelor's Degree Programmes of Macao Polytechnic Institute'. Students who do not meet the attendance requirements for the learning module will not be permitted to sit the final and re-sit examination and shall be awarded an 'F' grade.

Assessment

This learning module is graded on a 100 points scale, with 100 being the highest possible score and 50 the pass score. Any student scoring less than 35% of the total mark in the final examination will be given an "F" grade for the course even if the overall grade is 50% of higher. Also, students will need to take the re-sit examination if they miss the final examination due to unreasonable absence and their maximum score will be 50.

| | Item | Description | Percentage |
|----|---------------------------|---|------------|
| 1. | Test | Written | 30 % |
| 2. | Examination | Written | 30 % |
| 3. | Skill examination | Full attendance of nursing skill class One-off nursing skill video shot Comment on self and classmates' skill video | 30 % |
| 4. | Individual skill practice | At least six hours a week and skill practice video, greater than or equal to 60 hours (≥60 hours) | 5 % |
| 5. | Learning attitude | Mission and contribution etc. | 5 % |
| | | Total Percentage: | 100 % |

Teaching Material(s)

Textbook(s)

Potter, P. A., Perry, A. G., Stockert, P. A. & Hall, A. (2019). *Essentials for Nursing Practice*, 9th edition. Elsevier.

Reference book(s)

楊立群、高國貞主編(2018)。基礎護理學,第二版。北京:人民衛生出版社。

Alfaro-Lefevre, R. (2014). *Applying Nursing Process: The Foundation for Clinical Reasoning*, 8th edition. Lippincott Williams & Wilkins.

Berman, A., Snyder, S. J. & Frandsen, G. (2016). *Kozier & Erb's Fundamentals of Nursing Concepts, Process, and Practice*. 10th edition. Pearson.

Callahan, B. (2015). Clinical Nursing Skills: A Concept-Based Approach Volume III, 2nd Edition. Pearson.

Cooper, K. & Gosnell, K. (2018). Foundations of Nursing, 8th edition. Elsevier.

Craven, R. F. (2016). Fundamentals of Nursing: human health and function, 8th edition. Lippincott Williams & Wilkins.

Gauwitz, D. F. (2014). Administering Medications, 8th edition. McGraw-Hill Education.

Lippincott (2013). Lippincott's Nursing Procedures, 6th edition. Lippincott Williams & Wilkins.

Lynn P. (2019). Taylor's Clinical Nursing Skills, 5th edition. Wolters Kluwer.

Nelson R & Staggers N. (2018). Health Informatics, 2nd edition. Elservier.

Perry A, Potter P. & Ostendorf W. (2018). *Clinical Nursing Skills and Techniques*, 9th edition. Elservier.

Potter, P. A., Perry, A. G., Stockert, P. A. & Hall, A. (2018). *Essentials for Nursing Practice*, 9th edition. Elsevier.

Timby, B. K. (2013). Fundamental Nursing Skills and Concepts, 10th edition. Lippincott Williams & Wilkins.

Journal(s)

Advances in Nursing Science

The Journal of Nursing Research

Website(s)

http://bsn/index.php/en/main-page-en

http://www.ipm.edu.mo/cntfiles/upload/docs/student corner/en/student handbook e.pdf

http://www.ssm.gov.mo/

http://www.who.int/en/

http://www.icn.ch/

http://www.ips.uk.net/

http://www.medterms.com/s

Timetable (Class A):

| | | Da | ıte & Ti | me | Торіс | Teacher |
|----|------|-------|----------|-----------|--|---------|
| 01 | Aug | 24 | Tue | 0900-1100 | Introduction & Nursing Profession | CHAN |
| 02 | | 25 | Wed | 0900-1100 | Health Care Delivery System | CHAN |
| 03 | | 25 | Wed | 1100-1300 | Ethics | CHAN |
| 04 | | 27 | Fri | 0900-1100 | Infection Prevention and Control | MIO |
| 05 | | 27 | Fri | 1100-1300 | Vital Signs | MIO |
| 06 | | 31 | Tue | 0900-1100 | Communication | CHAN |
| 07 | Sept | 1 | Wed | 0900-1100 | Immobility | MIO |
| 08 | | 1 | Wed | 1100-1300 | Exercise and Activity | MIO |
| 09 | | 3 | Fri | 0900-1100 | Health and Wellness | CHAN |
| 10 | | 3 | Fri | 1100-1300 | Safety | CHAN |
| 11 | | 8 | Wed | 0900-1100 | Hygiene | MIO |
| 12 | | 8 | Wed | 1100-1300 | Nutrition | MIO |
| 13 | | 15 | Wed | 0900-1100 | Skin Integrity and Wound care | MIO |
| 14 | | 15 | Wed | 1100-1300 | Lab Class 1- Hand Hygiene, PPE, Sterile Gloves, Sterile Field etc. | MIO |
| 15 | | 17 | Fri | 0900-1100 | Lab Class 2- Vital Signs | MIO |
| 16 | | 17 | Fri | 1100-1300 | Lab Class 3- Activity and Exercise, ROM, Antiembolic Elastic Stocking | MIO |
| 17 | | 24 | Fri | 0900-1100 | Lab Class 4- Personal Hygiene, Bed-making (1) | MIO |
| 18 | | 24 | Fri | 1100-1300 | Lab Class 5- Personal Hygiene, Bed-making (2) | MIO |
| 19 | | 29 | Wed | 0900-1100 | Lab Class 6- Nasogastric Tube & BM Test | MIO |
| 20 | | 29 | Wed | 1100-1300 | Lab Class 7- Wound Care & Bandaging | MIO |
| 21 | Oct | 18 | Mon | 1100-1300 | Lab Class 8- Skill Review (1) | CHAN |
| 22 | | 21 | Thu | 0900-1100 | Lab Class 9- Skill Review (2) | CHAN |
| 23 | | 21 | Thu | 1100-1300 | Lab Class 10- Skill Review (3) | CHAN |
| 24 | | 4 | Thu | 0900-1100 | Sleep | JIN |
| 25 | | 4 | Thu | 1100-1300 | Pain Management, Heat and Cold Treatment | JIN |
| 26 | | 9 | Tue | 1430-1630 | Informatics and Documentation | JIN |
| 27 | | 11 | Thu | 0900-1100 | Nursing Process (1) | JIN |
| 28 | | 11 | Thu | 1100-1300 | Nursing Process (2) | JIN |
| 29 | Oct | 25 | Wed | 0900-1100 | Theoretical Test | MIO |
| 30 | Dec | 3 | Fri | 0900-1100 | Final Examination | CHAN |
| | Nov | 22-24 | Mon-Wed | 0900-1700 | Skill Examination (pending) | TEAM |

Timetable (Class B):

| | | Da | ıte & Ti | me | Торіс | Teacher |
|----|------|-------|----------|-----------|--|---------|
| 01 | Aug | 23 | Mon | 0900-1100 | Introduction & Nursing Profession | CHAN |
| 02 | | 23 | Mon | 1100-1300 | Health Care Delivery System | CHAN |
| 03 | | 25 | Wed | 0900-1100 | Infection Prevention and Control | MIO |
| 04 | | 25 | Wed | 1100-1300 | Vital Signs | MIO |
| 05 | | 27 | Fri | 0900-1100 | Ethics | CHAN |
| 06 | | 27 | Fri | 1100-1300 | Communication | CHAN |
| 07 | | 30 | Mon | 0900-1100 | Health and Wellness | CHAN |
| 08 | | 30 | Mon | 1100-1300 | Safety | CHAN |
| 09 | Sept | 2 | Thu | 0900-1100 | Immobility | MIO |
| 10 | | 2 | Thu | 1100-1300 | Exercise and Activity | MIO |
| 11 | | 6 | Mon | 0900-1100 | Hygiene | MIO |
| 12 | | 6 | Mon | 1100-1300 | Nutrition | MIO |
| 13 | | 10 | Fri | 0900-1100 | Skin Integrity and Wound care | |
| 14 | | 10 | Fri | 1100-1300 | Lab Class 1- Hand Hygiene, PPE, Sterile Gloves, Sterile Field etc. | MIO |
| 15 | | 13 | Mon | 0900-1100 | Lab Class 2- Vital Signs | MIO |
| 16 | | 13 | Mon | 1100-1300 | Lab Class 3- Activity and Exercise, ROM, Antiembolic Elastic Stocking | MIO |
| 17 | | 20 | Mon | 0900-1100 | Lab Class 4- Personal Hygiene, Bed-making (1) | MIO |
| 18 | | 20 | Mon | 1100-1300 | Lab Class 5- Personal Hygiene, Bed-making (2) | MIO |
| 19 | Oct | 7 | Thu | 0900-1100 | Lab Class 6- Nasogastric Tube & BM Test | MIO |
| 20 | | 7 | Thu | 1100-1300 | Lab Class 7- Wound Care & Bandaging | MIO |
| 21 | | 18 | Mon | 0900-1100 | Lab Class 8- Skill Review (1) | CHAN |
| 22 | | 26 | Tue | 0900-1100 | Lab Class 9- Skill Review (2) | CHAN |
| 23 | | 26 | Tue | 1100-1300 | Lab Class 10- Skill Review (3) | CHAN |
| 24 | | 3 | Wed | 0900-1100 | Sleep | JIN |
| 25 | | 3 | Wed | 1100-1300 | Pain Management, Heat and Cold Treatment | JIN |
| 26 | | 8 | Mon | 0900-1100 | Nursing Process (1) | JIN |
| 27 | | 8 | Mon | 1100-1300 | Nursing Process (2) | JIN |
| 28 | | 10 | Wed | 1100-1300 | Informatics and Documentation | JIN |
| 29 | Oct | 25 | Wed | 0900-1100 | Theoretical Test | CHAN |
| 30 | Dec | 3 | Fri | 0900-1100 | Final Examination | LUO |
| | Nov | 22-24 | Mon-Wed | 0900-1700 | Skill Examination (pending) | TEAM |

Timetable (Class C):

| | | Da | ate & T | ime | Торіс | Teacher |
|----|------|-------|---------|-----------|--|---------|
| 01 | Aug | 24 | Tue | 1100-1300 | Introduction & Nursing Profession | CHAN |
| 02 | | 26 | Thu | 0900-1100 | Health Care Delivery System | CHAN |
| 03 | | 26 | Thu | 1100-1300 | Ethics | CHAN |
| 04 | | 30 | Mon | 0900-1100 | Infection Prevention and Control | MIO |
| 05 | | 30 | Mon | 1100-1300 | Vital Signs | MIO |
| 06 | | 31 | Tue | 1100-1300 | Immobility | MIO |
| 07 | Sept | 6 | Mon | 0900-1100 | Communication | CHAN |
| 08 | | 6 | Mon | 1100-1300 | Health and Wellness | CHAN |
| 09 | | 7 | Tue | 1100-1300 | Safety | CHAN |
| 10 | | 9 | Thu | 0900-1100 | Exercise and Activity | MIO |
| 11 | | 9 | Thu | 1100-1300 | Lab Class 1- Hand Hygiene, PPE, Sterile Gloves, Sterile Field etc. | MIO |
| 12 | | 14 | Tue | 0900-1100 | Lab Class 2- Vital Signs | MIO |
| 13 | | 14 | Tue | 1100-1300 | Lab Class 3- Activity and Exercise, ROM, Antiembolic Elastic Stocking | MIO |
| 14 | | 21 | Mon | 1100-1300 | Hygiene | MIO |
| 15 | | 27 | Mon | 0900-1100 | Nutrition | MIO |
| 16 | | 27 | Mon | 1100-1300 | Skin Integrity and Wound care | MIO |
| 17 | | 30 | Thu | 0900-1100 | Lab Class 4- Personal Hygiene, Bed-making (1) | MIO |
| 18 | | 30 | Thu | 1100-1300 | Lab Class 5- Personal Hygiene, Bed-making (2) | MIO |
| 19 | Oct | 5 | Tue | 0900-1100 | Lab Class 6- Nasogastric Tube & BM Test | MIO |
| 20 | | 5 | Tue | 1100-1300 | Lab Class 7- Wound Care & Bandaging | MIO |
| 21 | | 20 | Wed | 1100-1300 | Lab Class 8- Skill Review (1) | CHAN |
| 22 | Nov | 3 | Wed | 0900-1100 | Lab Class 9- Skill Review (2) | CHAN |
| 23 | | 3 | Wed | 1100-1300 | Lab Class 10- Skill Review (3) | CHAN |
| 24 | | 5 | Fri | 0900-1100 | Sleep | JIN |
| 25 | | 5 | Fri | 1100-1300 | Pain Management, Heat and Cold Treatment | JIN |
| 26 | | 9 | Tue | 1100-1300 | Informatics and Documentation | JIN |
| 27 | | 12 | Fri | 0900-1100 | Nursing Process (1) | JIN |
| 28 | | 12 | Fri | 1100-1300 | Nursing Process (2) | JIN |
| 29 | Oct | 25 | Wed | 0900-1100 | Theoretical Test | LUO |
| 30 | Dec | 3 | Fri | 0900-1100 | Final Examination | MIO |
| | Nov | 22-24 | Mon-Wed | 0900-1700 | Skill Examination (pending) | TEAM |