

**Macao Polytechnic Institute**  
**School of Health Science and Sports**  
**Bachelor of Science in Nursing**

**Module Outline**  
**Academic Year 2020 / 2021 Semester 2**

<b>Learning Module</b>	Life-and-death Education		<b>Class Code</b>	NLDE2100
<b>Pre-requisite(s)</b>	Nil			
<b>Medium of Instruction</b>	Cantonese		<b>Credit</b>	2
<b>Lecture Hours</b>	30 hrs	<b>Lab/Practice Hours</b>	0 hrs	<b>Total Hours</b> 30 hrs
<b>Instructor</b>	WANG Yan/Lecturer		<b>E-mail</b>	ywang@ipm.edu.mo
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**Description**

This 30-hours learning module aims to equip students with fundamental theories on life-and-death, guide students to reflect on life-and-death affairs both for patients and for themselves, and help them construct a positive and healthy life-and-death attitude.

This learning module covers the realistic level of life-and-death affairs, the life-and-death theories in philosophy and religion, and some special topics that would be introduced and discussed, such as abortion, euthanasia, advance care planning, suicide, and organ donation, etc. The course also will teach the techniques of grief counseling and allow students to have the opportunity to practice. Death design will be covered to help students to construct a wise and calm attitude towards their death.

Lecture, discussion, role-playing, video and music appreciation, painting appreciation, and writing-guidance and reading-guidance will be used as the teaching methods. Assessment includes class performance, reflection papers focusing on any life-and-death topic in this module, and a closed-book exam.

**Learning Outcomes**

After completing the learning module, students will be able to:

1. Identify fundamental theories in life-and-death education.
2. Understand the meaning of life/death of human beings.
3. Construct the acceptance for avoidable death of human beings.
4. Construct the cherish attitude for the life of human beings.
5. Master the skills of bereavement counseling.
6. Apply the theories of life-and-death education in the clinical placement to help the patient construct a positive life-and-death attitude.

## **Content**

1. Introduction of life-and-death education and life (4 hours)
  - 1.1 Introduction of life-and-death education,  
*(UNDERSTAND: describe the origin of life education and death education; identify the objectives of life-and-death education for nursing students.)*
  - 1.2 The joy of life and life dilemma  
*(MASTER: discover how to find, create, and appreciate the joy of life; the avoidance of frustration and difficulties in life. MASTER: construct a positive attitude towards the dilemma of life)*
2. Death in reality (8 hours)
  - 2.1 Dying and death, the meaning of death  
*(UNDERSTAND: identify the biological life and death, stage of death, dying, brain death, and persistent vegetative state. COMPREHEND: analyze the differences between brain death and persistent vegetative state.)*
  - 2.2 Negative moods related to death  
*(COMPREHEND: analyze different negative mood induced by other's dying/death. MASTER: discover different negative moods induced by own dying/death.)*
  - 2.3 Death design  
*(MASTER: design own death by imagination by writing, drawing, or other art methods.)*
  - 2.4 Bereavement counseling  
*(UNDERSTAND: describe the attachment theory. COMPREHEND: analyze un-avoidance of bereavement, the duty of bereavement, the process of bereavement. DIFFERENTIATE: differentiate normal bereavement from delayed bereavement. MASTER: apply counseling techniques in death situation)*
3. Life-and-death in religion (2 hours)  
*(COMPREHEND: analyze the life-and-death beliefs in Christian/Catholic, Buddhism, Taoism, Islam outline different funeral routines in different religions)*
4. Life-and-death in philosophy (2 hours)  
*(COMPREHEND: analyze the life-and-death theories in pre-Socrates phase, Greek philosophy, modern western philosophy, and Chinese philosophy)*
5. Special topics in life-and-death(12 hours)
  - 5.1 Euthanasia  
*(UNDERSTAND: identify the definition and the types of euthanasia, outline the evolution of euthanasia. COMPREHEND: analyze the reasons for/against euthanasia, the legal question of euthanasia, typical cases of euthanasia.)*
  - 5.2 Organ donation  
*(UNDERSTAND: memorize the definition of organ donation; the evolution of organ donation.*

*COMPREHEND: analyze the dilemma for/against organ donation, the legal question of organ donation.)*

### 5.3 Hospice care

*(UNDERSTAND: memorize the definition of hospice care and the evolution of hospice care.*

*COMPREHEND: analyze the benefit of hospice care.)*

### 5.4 Abortion

*(UNDERSTAND: memorize the definition and classification of abortion and the evolution of abortion. COMPREHEND: analyze the reason for abortion, the dilemma for/against abortion, the legal question of organ donation.)*

### 5.5 Suicide

*(UNDERSTAND: memorize the typical suicide cases and the different academic views about suicide. COMPREHEND: analyze the reason and meaning for suicide, suicide story in China, how to prevent suicide.)*

### 5.6 Death penalty

*(UNDERSTAND: memorize the definition of the death penalty, the death penalty law in the world, and the movement for canceling the death penalty. COMPREHEND: analyze the reason for keeping or canceling the death penalty.)*

## 6. Exam (2 hours)

### **Teaching Method**

Lectures, videos, case studies, group discussion, guided reading, video appreciation, and role-play, etc

### **Attendance**

Attendance requirements are governed by the “Academic Regulations Governing Bachelor’s Degree Programmes of Macao Polytechnic Institute.” Students are not eligible to attend the final examination and re-sit examination. Moreover, an “F” will be given as the final grade to students who have less than the stated attendance for the enrolled module.

### **Assessment**

This learning module is graded on a 100 point scale, with 100 being the highest possible score and 50 the passing score. It includes two aspects: assignments (40%) and final examination (60%). **Any student scoring less than 35% of the total mark in the final examination will be given an “F” grade for the learning module even if the overall grade is 50% or higher.**

	<b>Item</b>	<b>Description</b>	<b>Percentage</b>
1.	Assignment	Three class assignments (10%, 10%, and 20%)	40%
2.	Final examination	Open-book examination	60%

**Total Percentage: 100%**

### The requirement of the class-assignments

	Topic	Description	Percentage
1.	The joy of life	Describe and sharing one of your joyful experiences.	10%
2.	Death design	Design your death (e.g., write a will, design your funeral, draw your gravestone, plan a farewell trip, or design a death souvenir)	20%
3.	Your view about abortion	Describe your point of view on abortion.	10%

### Teaching Material(s)

#### Textbook(s)

郭慧娟等（2014）.生死學概論.臺北：華都文化事業有限公司

#### Reference

##### **Reference book(s)**

弗朗克（2008）.活出意義來.臺北：光啟文化

尉遲淦（2009）.殯葬臨終關懷.臺北：威仕曼文化.

鄭志明（2009）.宗教生死學.臺北：文津

傅偉勛（2010）.死亡的尊嚴與生命的尊嚴.臺北：正中書局.

米奇.埃爾托（2018）.最後 14 堂星期二的課.臺北：大塊文化.

於娟（2012）.此生未完成.臺北：商周出版.

##### **Journal(s)**

Journal of hospice & palliative care

**2B**

1	20210125	1430-1630	Joy of life	Wang Yan
2	20210127	1430-1630	Life dilemma	Wang Yan
3	20210129	0900-1100	Dying and death, the meaning of death	Wang Yan
4	20210201	1430-1630	Negative moods related to death	Wang Yan
5	20210205	0900-1100	Death design	Wang Yan
6	20210222	1430-1630	Bereavement counseling	Wang Yan
7	20210226	0900-1100	Life-and-death in religion	Wang Yan
8	20210301	1430-1630	Life-and-death philosophy	Wang Yan
9	20210305	0900-1100	Euthanasia	Wang Yan
10	20210308	1430-1630	Organ donation	Wang Yan
11	20210312	0900-1100	Hospice care	Wang Yan
12	20210315	1430-1630	Abortion	Wang Yan
13	20210319	0900-1100	Suicide	Wang Yan
14	20210322	1430-1630	Death penalty	Wang Yan
15	20210524	1000-1200	Exam	Wang Yan