



**FACULTY OF HEALTH SCIENCES AND SPORTS**  
**BACHELOR OF SCIENCES IN NURSING**  
**LEARNING MODULE OUTLINE**

Academic Year	2023-2024	Semester	2
Module Code	IMEN3200		
Learning Module	Mental Health Nursing (clinical Placement)		
Pre-requisite(s)	Clinical placement (Fundamental nursing) (IFUN1200) Mental health nursing (NMEN3101)		
Medium of Instruction	Chinese/English		
Credits	3	Contact Hours	120 hours
Instructor	Mr. Kwong Ho Keung	Email	t1758@mpu.edu.mo
Office	M705, Meng Tak Building	Office Phone	(853) 8599 3428

**MODULE DESCRIPTION**

This Guide offers an introduction to the methods for assessment in the subject of Clinical Placement (Mental Health Nursing). Through this practicum, students apply the theoretical knowledge of mental health nursing to clinical practice.

**MODULE INTENDED LEARNING OUTCOMES (ILOS)**

On completion of this learning module, students will be able to:

M1.	Pass the PCNSE and allowed to attend the related clinical placement.
M2.	Selects a client with a specific health problem and conducts the nursing process. The student writes the 'Nursing Care Study' accordingly. The contents should relate to the student's own clinical experience.
M3.	Sum up the experience and make a reflection. By reflection, the student expresses personal feelings and reviews the effectiveness of integrating theory and practice.



These ILOs aims to enable students to attain the following Programme Intended Learning Outcomes (PILOs):

PILOs	M1	M2	M3
P1. Demonstrate an understanding of the holistic nature of the clients' health status involving individual, family, and community aspects.	✓	✓	✓
P2. Demonstrate effective communication skills and the ability to establish and maintain a therapeutic relationship with clients.	✓	✓	✓
P3. Demonstrate a mastery and an application of knowledge and skills for nursing practice, including biological sciences, social sciences and humanities, by making appropriate clinical reasoning and performing safe and therapeutic practice.	✓	✓	✓
P4. Demonstrate the ability to maintain legal and ethical standards of nursing practice.	✓	✓	✓
P5. Demonstrate the ability to carry out relevant research and contribute to the health of the community.		✓	✓
P6. Work effectively and efficiently alone or in teams.	✓	✓	✓
P7. Demonstrate the ability to identify and evaluate health care issues.	✓	✓	✓
P8. Demonstrate a critical understanding and apply the principles of evidence-based practice to the delivery of nursing care.	✓	✓	✓

#### MODULE SCHEDULE, COVERAGE AND STUDY LOAD

Week	Content Coverage	Contact Hours
1	Clinical placement and orientation of mental health services in Macao	40
2	Clinical placement at the acute mental health unit for nursing practise	40
3	Clinical placement at the day-centre for mental health rehabilitation training	40

#### TEACHING AND LEARNING ACTIVITIES

In this learning module, students will work towards attaining the ILOs through the following teaching and learning activities:

Teaching and Learning Activities	M1	M2	M3
T1. Demonstration of skills, discussion and group meeting	✓	✓	✓
T2. Monitoring nursing skills and practise of students	✓	✓	✓
T3. Assessment and feedback for performance of students	✓	✓	✓



## ATTENDANCE

Attendance requirements are governed by the Academic Regulations Governing Bachelor's Degree Programmes of the Macao Polytechnic University. Students who do not meet the attendance requirements for the learning module shall be awarded an 'F' grade.

## ASSESSMENT

This learning module is graded on a 100-point scale, with 100 being the highest possible score and 50 being the passing score.

In this learning module, students are required to complete the following assessment activities:

Assessment Activities	Weighting (%)	ILOs to be Assessed (M1,M2,M3,M4,M5.....)
A1. Pre-Clinical Nursing Skill Examination	10%	M1
A2. Attendance	5%	M2, M3
A3. Assignment	25%	M1, M2, M3
A4. Clinical Assessment	60%	M1, M2, M3

The assessment will be conducted following the University's Assessment Strategy (see [www.mpu.edu.mo/teaching\\_learning/en/assessment\\_strategy.php](http://www.mpu.edu.mo/teaching_learning/en/assessment_strategy.php)). Passing this learning module indicates that students will have attained the ILOs of this learning module and thus acquired its credits.

## MARKING SCHEME

### Assessment Criteria and Scores

Parts	Assessment Criteria	Assessor	Scores
Pre-Clinical Nursing Skill Examination	<ul style="list-style-type: none"> <li>Students who pass the PCNSE are allowed to attend the related clinical placement.</li> </ul>	School Teacher	10%
Attendance	<ul style="list-style-type: none"> <li>Full attendance of each week.</li> <li>Absent with valid reason and documentary proof (scores to be deducted proportionally).</li> <li>Absent for 1 day without valid reason nor documentary proof (0%)</li> </ul>	Attendance to be monitored by School Teacher and Clinical Preceptor	5%
Assignment	Teacher assessment – Case study and reflection report <ul style="list-style-type: none"> <li>Complete and clear assessment data</li> <li>Specific and realistic reflection of the implementation of nursing process, logical evaluation</li> <li>Rational analysis of factors affecting the clinical experience</li> <li>Accurate format of citations, quotations, and listing references used</li> </ul>	School Teacher	25%
Clinical Assessment	Teacher & Preceptor Assessment <ul style="list-style-type: none"> <li>Give a score according to assessment criteria.</li> </ul> Professional Attitude of Assessment Form being graded $\leq 12$ score, the clinical performance of that unit is "failed" score.	School Teacher	20%
		Clinical Preceptor	40%
Score:			100%



## REQUIRED READINGS

### Module textbook:

Videbeck S.L (2019) *Psychiatric mental health nursing*, Philadelphia: Lippincott Williams & Wilkins.

## REFERENCES

### Reference books:

American Psychiatric Association (APA) (2013). *Diagnostic & statistical manual of mental disorders* (5<sup>th</sup> ed.). New York: APA.

Blows. W.T. (2011). *The biological basis of mental health nursing* (2<sup>nd</sup> ed.). New York: Routledge.

Callaghan P., Playie. J & Cooper L. (2009). *Mental health nursing skills*. Oxford: Oxford University Press.

Clarke V., Walsh A. (2009). *Fundamentals of mental health nursing*. Oxford: Oxford University Press.

Elder R., Evans K. & Nizette D. (2013). *Psychiatric and mental health nursing*. Chatswood: Elsevier.

Fontaine K.L. (2009). *Mental health nursing* (6<sup>th</sup> ed.). N.J.: Pearson Prentice Hall.

Hogan M., Przybylowicz T.A. & Vacek J. (2013). *Mental health nursing*. New Jersey: Pearson Education Inc.

Gail Wiscarz Stuart (2013) *Principles and Practice of Psychiatric Nursing* (10<sup>th</sup>.ed). Elsevier: Mosby

Mohr W.K. (2013). *Psychiatric-mental health nursing: evidence-based concepts, skills, and practices*. Philadelphia: Lippincott Williams & Wilkins.

Norman I. & Ryrie I. (2013). *The art and science of mental health nursing: principles and practice*. Berkshire: Open University Press.

Townsend M.C. (2012). *Psychiatric mental health nursing concepts of care in evidence-based practice* (7<sup>th</sup> ed.). Philadelphia: F.A. Davis Company

Trenoweth S. et al. (2011). *Nursing and mental health care: an introduction for all fields of practice*. Exeter: Learning Matters Ltd.

Varcarolis E.M. et al. (2013). *Essentials of psychiatric mental health nursing: a communication approach to evidence-based care* (2<sup>nd</sup> ed.). St. Louis: Elsevier

Williamson T. & Daw R. (2013). *Law, values and practice in mental health nursing: a handbook*. Berkshire: Open University Press.

### Websites:

DSM-V<sup>®</sup> *Diagnostic and Statistical Manual of Mental Disorders*

ICD-11 (2018). *The International Statistical Classification of Diseases and Related Health Problems 11th Revision*

Macao Mental Health Act 31/99/M <http://www.ssm.gov.mo/design/news/Document/ICD10.pdf>



澳門理工大學  
Universidade Politécnica de Macau  
Macao Polytechnic University

## **STUDENT FEEDBACK**

At the end of every semester, students are invited to provide feedback on the learning module and the teaching arrangement through questionnaires. Your feedback is valuable for instructors to enhance the module and its delivery for future students. The instructor and programme coordinators will consider all feedback and respond with actions formally in the annual programme review.

## **ACADEMIC INTEGRITY**

The Macao Polytechnic University requires students to have full commitment to academic integrity when engaging in research and academic activities. Violations of academic integrity, which include but are not limited to plagiarism, collusion, fabrication or falsification, repeated use of assignments and cheating in examinations, are considered as serious academic offenses and may lead to disciplinary actions. Students should read the relevant regulations and guidelines in the Student Handbook which is distributed upon the admission into the University, a copy of which can also be found at [www.mpu.edu.mo/student\\_handbook/](http://www.mpu.edu.mo/student_handbook/).



### Assessment Form (評分表)

學生姓名：\_\_\_\_\_ 學號：\_\_\_\_\_ 年級：\_\_\_\_\_ 班別：\_\_\_\_\_

Name of Student \_\_\_\_\_ Student's No. \_\_\_\_\_ Year \_\_\_\_\_ Class \_\_\_\_\_

臨床實習科目：\_\_\_\_\_ 實習地點：\_\_\_\_\_

Clinical Practicum \_\_\_\_\_ Clinical Unit \_\_\_\_\_

實習期：\_\_\_\_\_年\_\_\_\_\_月\_\_\_\_\_日至\_\_\_\_\_年\_\_\_\_\_月\_\_\_\_\_日(共\_\_\_\_\_ ) 缺席：\_\_\_\_\_

Duration of Time \_\_\_\_\_yy \_\_\_\_\_mm \_\_\_\_\_dd to \_\_\_\_\_yy \_\_\_\_\_mm \_\_\_\_\_dd Total \_\_\_\_\_ Days of Absence \_\_\_\_\_

項目 Items	實習表現 Performance	優 A	良 B	中 C	可 D	差 F	得分 Score
專業態度 Professional Attitude (25%)	1.1 主動、好學、有責任心 Active, studious and responsible.	5	4.5	4	2.5	2.4~0	
	1.2 守時、符合護生形象 Punctual and act according to the image of nursing students.	5	4.5	4	2.5	2.4~0	
	1.3 維護服務對象的權益 Protect the interests of clients.	5	4.5	4	2.5	2.4~0	
	1.4 醫-護-患之間的關係 Doctor-nurse-patient relationship.	5	4.5	4	2.5	2.4~0	
	1.5 學習目標書寫認真、計劃可行 Learning objectives are reasonable and feasible.	5	4.5	4	2.5	2.4~0	
知識 Knowledge (35%)	2.1 服務對象之護理評估 Client's health assessment.	11	9.5	8	6.5	5~0	
	2.2 知曉護理措施原理之程度 Principles of nursing interventions.	11	9	8	7	5~0	
	2.3 瞭解護理人員的角色與職責 Role and functions of nursing personnel.	8	7	6	5.5	4~0	
	2.4 瞭解部門組織及運作 Unit's organization and operation.	7	6	5	4.5	3~0	
技能 Skills (40%)	3.1 確保服務對象及環境之安全 Maintaining safety for client and the environment.	11	10.5	10	8.5	6~0	
	3.2 正確、靈活執行護理技術 Accurate and tactful performance of nursing skills.	11	10.5	10	8.5	6~0	
	3.3 運用恰當溝通技巧 Using appropriate communication skills.	8	7	6	5.5	4~0	
	3.4 合理地組織所執行措施 Logical organization of performed procedures.	8	7	6	5.5	4~0	

總分 Total Score: \_\_\_\_\_ (最高 Max.100 分)

學生整體表現 Overall performance (請填入等級 Please fill in the grade.)

優		良			中			可		差	等級 Grade
100-95	94-90	89-86	85-83	82-80	79-75	74-70	69-65	64-57	56-50	49-0	
A	A-	B+	B	B-	C+	C	C-	D+	D	F	

Comments:



## Clinical Assignment

### 臨床實習（精神科護理）臨床實習作業 I

#### Clinical Placement (Mental Health Nursing) Clinical Assignment I

「臨床實習（精神科護理）」中，學生須編寫個案護理報告，詳情如下：

In “Clinical Placement (Mental Health Nursing)”, students are required to do a nursing care study. Details are as follows:

作業題目 Title of Assignment	個案護理報告 Nursing Case Study
作業字數 (±10%) Words limit	3000-3500 字 (不包括封面、參考文獻索引及附頁) 3000-3500 words (not including the cover, references list and appendices)
作業提交日期 Due date	臨床實習的最後一天 The last day of Clinical Placement

#### Assignment requirements 作業要求

每學員於臨床實習內選擇一位有某健康問題的病患進行護理過程，編寫「個案護理報告」，內容須根據本身臨床經驗寫成，於臨床實習完結前，提交學校導師批改。報告須依從「作業指引」，可使用中或英文。作業評核範圍與準則如下：

Before the end of the Clinical Placement, the student selects a client with a specific health problem and conducts the nursing process. The student writes the ‘Nursing Care Study’ accordingly. The contents should relate to the student’s own clinical experience. It should be submitted to the School Teacher. The Guidance for Written Assignments should be followed. Either Chinese or English could be used for this assignment. Marking scheme is as follows:



個案護理報告 Nursing Case Study

評核範圍 Areas of Assessment	評核準則 Marking criteria	比重 Weighting
1. 前言 Introduction	<ul style="list-style-type: none"> <li>• 明確說明報告之背景及學習目標動機明確</li> </ul>	Describe clearly the background and learning objectives of the assignment 5%
2. 文獻探討 Literature Review 2.1 相關之解剖及病理 Related anatomy and pathology 2.2 病因 Etiology 2.3 臨床表現 Clinical features 2.4 診斷 Diagnoses	<ul style="list-style-type: none"> <li>• 最少參考三篇來自專業學術期刊的文獻 (2%)</li> <li>• 最新知識</li> <li>• 具批判性</li> </ul>	At least 3 pieces of literature from professional journals Most updated information Being critical 15%
3. 護理過程 Nursing process 3.1 基本資料及個案疾病史 (5%) Basic information and health history 3.2 病情及治療(含作用) (10%) Conditions of the illness and current therapeutic measures 3.3 戈登11項健康評估含健康評估表 Health assessment using Gordon's 11 Functional Health Patterns (15%) 3.4 護理計劃 (實施及評價反應後果) (30%) Nursing care plan (implementation & evaluation)	<ul style="list-style-type: none"> <li>• 病情及治療等資料齊全</li> <li>• 評估內容完整及清晰</li> <li>• 能按病者整體需要而訂立個人化護理計劃</li> <li>• 計劃實際可行</li> <li>• 最少3個護理診斷</li> <li>• 具體反影護理實施過程、評價符合邏輯</li> </ul>	Comprehensive information about the illness condition and therapeutics Complete and clear assessment data Individualized care plan meeting client's holistic needs Feasible plan At least 3 nursing diagnoses Specific and realistic reflection of the implementation of nursing process, logical evaluation 60%
4. 總結 Conclusion 4.1 對臨床經驗的反思 Reflection on clinical experience 4.2 個人及專業能力成長 Gain in personal and professional competence	<ul style="list-style-type: none"> <li>• 有深刻體會</li> <li>• 對影響臨床經驗之因素有合理分析</li> </ul>	Deep reflection Rational analysis of factors affecting the clinical experience 10%
5. 參考資料之應用 Use of references	<ul style="list-style-type: none"> <li>• 文中註明引文出處、格式正確</li> <li>• 資料完整</li> <li>• 引用文獻及編寫索引之格式正確</li> </ul>	Proper acknowledgement of sources Complete information Accurate format of citations, quotations, and listing references used 5%
6. 文筆 Style of writing	<ul style="list-style-type: none"> <li>• 組織恰當</li> <li>• 用詞簡潔而意義清晰</li> <li>• 不常用之縮寫均清楚交代</li> <li>• 傳意能力強</li> </ul>	Appropriate organization Concise writing, clear meaning Proper explanation of unusual abbreviations Communicative 5%
總分 Total:		100%





### 臨床實習（精神科護理）臨床實習作業 II

#### Clinical Placement (Mental Health Nursing) Clinical Assignment II

「臨床實習（精神科護理）」中，學生須編寫個案護理報告，詳情如下：

In “Clinical Placement (Mental Health Nursing)”, students are required to do a nursing care study. Details are as follows:

作業題目 Title of Assignment	臨床學習反思報告 Report	Clinical Learning Reflective
作業字數 (±10%) Words limit	600 - 800 字 (不包括封面、參考文獻索引及附頁) 600 - 800 words ( <u>not</u> including the cover, references list and appendices)	
作業提交日期 Due date	臨床實習的最後一天 The last day of Clinical Placement	

#### **Assignment requirements 作業要求**

每學員於臨床實習完結後對此段實習作總結及反省，然後表達其感受及檢討理論與實踐的結合。書寫風格宜簡潔及創新。作業評核範圍與準則如下：

At the end of the clinical placement, the student would sum up the experience and make a reflection. By reflection, the student expresses personal feelings and reviews the effectiveness of integrating theory and practice. Writing should be concise but innovative. Marking scheme is as follows:



臨床學習反思報告 Clinical Learning Reflective Report

評核範圍 Areas of Assessment	評核準則 Marking criteria	比重 Weighting
1. 個人臨床學習的成效 Personal learning effects 1.1 學習成果之反思 Reflecting on learning outcome  1.2 個人及專業能力成長 Growth of personal and professional competence  1.3 重要經驗及相關因素 Critical experience & related factors.	<ul style="list-style-type: none"> <li>• 反思全面而精闢      Broad and sharp reflection</li> <li>• 對經驗有深刻體會      Insightful appreciation of the experience</li> <li>• 因素分析合理      Logical analysis of the related factors</li> </ul>	25%
2. 文獻資料之應用 Use of literature 2.1 理論與實踐的結合 Integration of theory and practice 2.2 此結合的重要性 Importance of integration 2.3 影響此結合之因素 Factors affecting integration 2.4 個人經歷 Personal experience	<ul style="list-style-type: none"> <li>• 最少參考三篇文獻 (一篇來自專業期刊)      At least 3 pieces of literature, one from a professional journal.</li> <li>• 最新知識      Most updated information</li> <li>• 具批判性      Being critical</li> </ul>	40%
3. 對改善臨床學習的建議及理據 Suggestions for improving clinical practice and rationales	<ul style="list-style-type: none"> <li>• 建議具體而有建設性      Suggestions specific and constructive</li> <li>• 理據充足      Well justified</li> </ul>	25%
4. 參考資料之應用 Use of references	<ul style="list-style-type: none"> <li>• 正確註明參考來源      Proper acknowledgement of sources</li> <li>• 資料完整      Complete information</li> <li>• 引用文獻及編寫索引之格式正確      Accurate format of citations, quotations, and listing references used</li> </ul>	5%
5. 文筆 Style of writing	<ul style="list-style-type: none"> <li>• 組織恰當      Appropriate organization</li> <li>• 用詞簡潔而意義清晰      Concise writing with clear meaning</li> <li>• 不常用之縮寫均清楚交代      Proper explanation of unusual abbreviations</li> <li>• 傳意能力強      Communicative</li> </ul>	5%
總分Total:		100%



Time table 1

**Placement Arrangement 實習安排**

<b>實習地點：</b>	仁伯爵綜合醫院、澳門利民會	
<b>Venue</b>	Hospital Conde de São Januário & Richmond Fellowship of Macau	
<b>日期：</b>	Class 3A 班	2024 年 6 月 3 日至 6 月 23 日
<b>Date</b>		2024.06.03 to 2024.06.23
	Class 3B 班	2024 年 6 月 3 日至 6 月 23 日
		2024.06.03 to 2024.06.23
<b>時間：</b>	星期一至五	08:00-16:00 (醫院) 09:00 至 17:00 (利民會)
<b>Time</b>	Monday to Friday	08:00-16:00 (Hospital) 09:00 to 17:00 (RFM)

\*依臨床實況安排班制

Shift will be arranged according to clinical situation.

\*每週與學校導師開實習小組會議

Weekly group meetings will be arranged by school teacher.