

Macao Polytechnic Institute

School of Languages and Translation

Bachelor of Arts in International Chinese Language Education

(Applicable to native speakers of Chinese)

Module Outline

Learning Module	Introduction to Psychology			Class Code	PSYC2100
Pre-requisite(s)	Nil				
Medium of Instruction	English			Credit	3
Lecture Hours	45 hrs	Lab/Practice Hours	0 hrs	Total Hours	45 hrs

Description

This course is an introduction to both the central concepts and applications of psychology today together with an understanding of how these concepts are researched, investigated and presented. Topics include: Experimental psychology and research methods; biological bases of behaviour; sensation and perception; cognition; human development; learning; consciousness; emotion and motivation; personality; abnormality; counseling; social psychology; spiritual psychology.

Learning Outcomes

Upon completion of this course, the students will be able to:

1. Demonstrate a basic knowledge of psychology in general;
 2. Describe of some important theoretical models underpinning psychological practices;
 3. Conduct preliminary research in psychology; and
 4. Explain why psychology should matter to their life and how it can be used to help them understand themselves.
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Content

Topics	Duration
Explaining the textbook, the websites, etc.	3 hrs
Chapter 1: The Evolution of Psychology	
Chapter 2: The Research Enterprise in Psychology	3 hrs
Chapter 5: Variations in Consciousness	3 hrs
Chapter 6: Learning	4.5 hrs
Chapter 7: Human Memory	4.5 hrs
Midterm	3 hrs
Chapter 8: Cognition and Intelligence	3 hrs
Chapter 9: Motivation and Emotion	3 hrs
Chapter 11: Personality	4.5 hrs
Chapter 12: Social Behavior	4.5 hrs
Chapter 13: Stress, Coping, and Health	3 hrs
Seminars for presentations	3 hrs
Final Examination	3 hrs
Total:	45 hrs

Teaching Method

Lectures, in-class discussions, and group projects, etc.

Attendance

Attendance requirements are governed by the “Academic Regulations Governing Bachelor’s Degree Programmes of Macao Polytechnic Institute”.

Assessment

This learning module is graded on a 100 point scale, with 100 being the highest possible score and 50 being the passing score.

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| 1. Midterm Test | 30% |
| 2. Assignments | 30% |
| 3. Final Exam | 40% |

Total: 100%

Plagiarism Policy

When a student submits an assignment, he has a duty to ensure that his assignment has been checked by Turnitin software, and the similarity score given by Turnitin software cannot be

higher than 30%. However, a special case can be determined by the instructor.

Teaching Materials

Textbook

1. Wayne Weiten (2022). *Psychology: Themes and Variations* (with Concept Charts), 11th edition. Cengage Learning; ISBN-13: 978-0-357-37482-5

References

Reference book(s)

1. Wayne Weiten, Dana S. Dunn, & Elizabeth Yost Hammer. 2012. *Psychology Applied to Modern Life – Adjustment in the 21st Century*. 10th edition. Belmont, CA: Wadsworth/Thomson Learning.
2. Bernstein, Douglas A. 2014. *Essentials of Psychology*. 6th edition. Belmont, CA: Wadsworth/Thomson Learning.

Websites

1. <http://www.apa.org>;
2. <http://www.psych.ac.cn>