

# FACULTY OF APPLIED SCIENCES MASTER OF SCIENCE IN SPORTS TECHNOLOGY AND INNOVATION LEARNING MODULE OUTLINE

Academic Year	2025/2026	Semester	1	
Module Code	COMP6144			
Learning Module	Sports Technology			
Pre-requisite(s)	Nil			
Medium of Instruction	English			
Credits	3	Contact Hours	45 hrs	
Instructor	Dr. Lu, Hsuan-Yu	Email	hylu@mpu.edu.mo	
Office	E908	Office Phone	8599 6806	

#### **MODULE DESCRIPTION**

This module introduces the latest developments and applications in the field of sports technology. The module content covers topics such as motion sensors, wearable devices, virtual reality and augmented reality technologies, sports data analysis, and biomechanical measurement tools. Students will learn how to utilize these technologies to monitor and enhance athletes' performance, improve training methodologies, as well as to help athletes prevent and treat sports injuries. In addition, students will explore ethics and regulations concerning the use of sports technologies. Through theoretical study and practical application, students will acquire the core skills needed to assess and apply sports technologies. This module will prepare students for innovation and technological development in the fields of sports science and coaching.

# **MODULE INTENDED LEARNING OUTCOMES (ILOS)**

On completion of this learning module, students will be able to:

M1.	Take the knowledge in addressing the issue related to sport (AHEP4-M1, AHEP4-M2, AHEP4-M3).
M2.	Review and discuss technologies related to sports technology (AHEP4-M4).
M3.	Leverage the advanced knowledge in measurement approach to meet the needs in clinical applications (AHEP4-M5).
M4.	Synthesis and project in the form of report document and presentation (AHEP4-M2, AHEP4-M17).



These ILOs aims to enable students to attain the following Programme Intended Learning Outcomes (PILOs):

PILOs		M1	M2	М3	M4
P1.	Acquire essential knowledge in specific fields of sports science, including sports physiology and biomechanics, enabling a comprehensive understanding and evaluation of sports technology solutions to complex problems.	<b>√</b>	<b>√</b>		
P2.	Demonstrate a deep understanding of the principles, concepts and advancements in sports technology, encompassing exercise training, sports performance analysis, injury prevention, and rehabilitation.	✓			
P3.	Develop proficiency in applying data science and artificial intelligence techniques and tools such as data analysis, statistical inference, data visualization, and predictive modelling, to sports-related data for actionable insights.			<b>✓</b>	
P4.	Design and integrate innovative sports technologies effectively, considering their potential impact to the environment and the society while providing solutions to complex user, societal, and business needs.		<b>✓</b>		
P5.	Evaluate and select sports technology solutions, taking into account factors such as user requirements, societal implications, safety, privacy issues, and ethical considerations.		<b>✓</b>	<b>√</b>	
P6.	Develop a global vision on the critical development and new application of sports technology.		<b>✓</b>		<b>√</b>
P7.	Collaborate in interdisciplinary teams to address complex sports technology challenges, leveraging diverse perspectives and expertise and be able to critically evaluate team and their own performance.			<b>✓</b>	
P8.	Communicate technically and effectively in both speaking and writing to both technical and non-technical audiences.				<b>√</b>
P9.	Have a positive attitude towards society and the environment.				✓
P10.	Uphold high moral standards, professionalism, and a commitment to excellence in life-long learning.				✓

# MODULE SCHEDULE, COVERAGE AND STUDY LOAD

Week	Content Coverage	<b>Contact Hours</b>	
1-2	Overview of sports technology	6 hours	
	1.1 Measurement tool and standard approach		
	1.2 Practical applications		
3-5	2. Kinematic analysis in sports and human movement	0.1	
	2.1 Non-invasive and invasive measurement	9 hours	

	2.2 Marker-based method		
	2.3 Image-based method		
6-8	3. Kinetic analysis in sports and human movement		
	3.1 The standard motion lab instrumentation	9 hours	
	3.2 EMG analysis	9 nours	
	3.3 Prediction method		
9-11	4. Signal processing		
	4.1 Design of Filter	0 hours	
	4.2 Concept of data analysis	9 hours	
	4.3 Statistics		
12-13	5. Advanced in movement analysis		
	5.1 Case study: IMU sensor in sports	6 hours	
	5.2 Case study: RGB & depth sensor in sports		
14-15	Student Presentation	6 hours	

## TEACHING AND LEARNING ACTIVITIES

In this learning module, students will work towards attaining the ILOs through the following teaching and learning activities:

Teaching and Learning Activities	M1	M2	М3	M4
T1. Lectures and tutorials	✓	✓	✓	✓
T2. Case studies	✓	✓	✓	
T3. Project	✓	✓		✓

# **ATTENDANCE**

Attendance requirements are governed by the Academic Regulations Governing Master's Degree Programmes of the Macao Polytechnic University. Students who do not meet the attendance requirements for the learning module shall be awarded an 'F' grade.

#### **ASSESSMENT**

In this learning module, students are required to complete the following assessment activities:



Assessment Activities	Weighting (%)	AHEP4 LOs	ILOs to be Assessed	
A1. Test	25%	AHEP4-M1, AHEP-M2, AHEP4-M3, AHEP4-M4, AHEP4-M5	M1, M2, M3	
A2. Assignments	35%	AHEP4-M1, AHEP-M2, AHEP4-M3, AHEP4-M4	M1, M2	
A3. Project	40%	AHEP4-M1, AHEP-M2, AHEP4-M3, AHEP4-M4, AHEP4-M5, AHEP4- M17	M1, M2, M3, M4	

The assessment will be conducted following the University's Assessment Strategy (see <a href="https://www.mpu.edu.mo/teaching-learning/en/assessment-strategy.php">www.mpu.edu.mo/teaching-learning/en/assessment-strategy.php</a>). Passing this learning module indicates that students will have attained the ILOs of this learning module and thus acquired its credits.

Students with an overall score of less than 35 in the coursework will fail the module even if the overall score for the module is 50 or above.

Students with a score of less than 35 in the final examination will fail the module even if the overall score for the module is 50 or above.

#### **REQUIRED READINGS**

There is no official required reading for this module. Module notes are distributed in the class.

### **REFERENCES**

- 1. B Müller, S. I. Wolf (Ed.) (2018), Handbook of Human Motion, Springer.
- 2. Schmidt, S. L. (Ed.). (2020). 21<sup>st</sup> Century Sports: How Technologies Will Change Sports in the Digital Age. Springer Nature.
- 3. Dindorf, C. (Ed.) (2024) Artificial Intelligence in Sports, Movement, and Health. Springer Nature.

#### STUDENT FEEDBACK

At the end of every semester, students are invited to provide feedback on the learning module and the teaching arrangement through questionnaires. Your feedback is valuable for instructors to enhance the module and its delivery for future students. The instructor and programme coordinators will consider all feedback and respond with actions formally in the annual programme review.

## **ACADEMIC INTEGRITY**

The Macao Polytechnic University requires students to have full commitment to academic integrity when engaging in research and academic activities. Violations of academic integrity, which include but are not limited to plagiarism, collusion, fabrication or falsification, repeated use of assignments and cheating in examinations, are considered as serious academic offenses and may lead to disciplinary actions. Students should read the relevant regulations and guidelines in the Student Handbook which is distributed upon the admission into the University, a copy of which can also be found at <a href="https://www.mpu.edu.mo/student\_handbook/">www.mpu.edu.mo/student\_handbook/</a>.